

THE TRAINED NURSES ASSOCIATION OF INDIA
XXVIII SNA BIENNIAL CONFERENCE PROGRAMME (TENTATIVE)

Hosted by TNAI Tamil Nadu State Branch

2 - 6 November 2019

Theme: "Nursing: Harmony of Mind, Body and Spirit"

Venue: PSG IMS & R Auditorium, PSG College of Nursing, Peelamedu, Coimbatore, Tamil Nadu

Pre-Conference Meetings

Day I November 2, 2019 (Saturday)		
Time	Programme	Venue
09.00 am – 05.00 pm	Registration	PSG IMS & R Auditorium
09.00 am – 05.00 pm	TNAI combined EC/ Council Meeting	Convention Hall, 1 st Floor, PSG Institute of Management
Day II November 3rd, 2019 (Sunday)		
09.00 am – 05.00 pm	Registration	PSG IMS & R Auditorium
09.00 am – 11.00 am	TNAI combined EC/ Council Meeting to continue	Convention Hall, 1 st Floor, PSG Institute of Management
11.00 am – 12.00 noon	Press Conference	Alumni Hall, PSG Institute of Management
12 noon – 01.00 pm	TNAI Orientation	Convention Hall, 1 st Floor, PSG Institute of Management
01.00 pm – 02.00 pm	Lunch	
02.00 pm – 04.00 pm	SNA General Committee meeting	PSG IMS & R Auditorium
04.00 pm – 05.00 pm	Exhibit of posters	3 rd Floor, PSG College of Nursing
5.00 pm – 6.00 pm	Essay Writing	5 th Floor, PSG College of Nursing
06.00 pm - 08.00 pm	Variety Entertainment by hosting unit	PSG IMS & R Auditorium
08.00 pm onwards	Dinner	
DAY III November 4th, 2019 (Monday)		
08.00 am-10.00 am	Rangoli Pencil sketch On the spot painting	5 th Floor PSG College of Nursing
10.00 am – 11am	Inauguration of Conference	PSG IMS & R Auditorium
	Invocation	
	Lighting of ceremonial lamp	Dignitaries
	Welcome address	Dr Jeyaseelan M Devadasan, President, Tamil Nadu State Branch
	Reading of messages	Mrs. S. Vatchala, Assistant Secretary- General, TNAI
	Introduction of SNA	Mrs Evelyn P Kannan, Secretary- General, TNAI
	Unfolding of theme	Dr. Jaeny Kemp, Vice President, TNAI (South Region)
	Presidential address	Prof (Dr) Roy K George, President, TNAI
	Chief Guest address	<i>To be decided.</i>
	Guest of Honour	Dr. T Dileep Kumar, President, INC
	Vote of thanks	Dr. Prof. Jaya Sudha, Organising Secretary & Principal, PSG College of Nursing
	National Anthem	

11.00 am – 1.00noon	Quiz competition	2 nd Floor, PSG College of Nursing
1.00 pm – 2.00 pm	Lunch	
02.00 pm - 03.00 pm	Mono Acting	PSG IMS & R Auditorium
03.00 pm - 04.00 pm	Panel Discussion – Alive & Thrive	PSG IMS & R Auditorium
04.00 pm - 06.00 pm	SNA BUSINESS SESSION -1	PSG IMS & R Auditorium
	Chairperson	Prof (Dr) Roy K George President , TNAI
	SNA Report	Mrs S Vatchala Dhinakaran, Assistant Secretary-General, TNAI
	Report of state SNA activities	State SNA Vice Presidents and State SNA Secretaries
06.00 pm - 08.00 pm	Talent display & Personality Contest	PSG IMS & R Auditorium

DAY IV November 5th, 2019 (Tuesday)

07.00 am - 10.00 am	Sports competition	PSG IMS & R Playground
10.00 am - 11.00 am	Extempore	PSG IMS & R Auditorium
11.00 am - 12.00 am	Scientific Paper Presentation	PSG IMS & R Auditorium
12.00noon – 1.00 pm	SNA BUSINESS SESSION– II	PSG IMS & R Auditorium
	Chairperson	
	Presentation of SNA General committee Decisions & Resolutions	Prof (Dr) Roy K George President, TNAI
	Introduction of National skill lab	Mrs Evelyn P Kannan Secretary General, TNAI / Minutes Secretary, SNA General Committee
	Introduction of Recruiting Agency	Mrs Sanghamitra Assistant Secretary General, TNAI Mr Ajinas AM Assistant Secretary General, TNAI
01.00 pm - 02.00 pm	Lunch	
02.00 pm - Onwards	Valediction	PSG IMS & R Auditorium
	Invocation	
	Welcome address	Mrs Evelyn P Kannan Secretary General, TNAI
	Conference resume	Faculty, PSG College of Nursing
	Conference remark	Prof. (Dr) Roy K George, President TNAI
	Chief Guest address	To be confirmed
	Prize distribution	
	Vote of thanks	Mrs Vatchala Dhinakaran, ASG, TNAI
	National Anthem	
04.00 pm - 05.00 pm	Post Conference Evaluation Meet	Seminar Hall, PSG College of Nursing

DAY V November 6th, 2019 (Wednesday) Sight Seeing

Refreshment & Meal timings				
Breakfast	Morning refreshment	Lunch	Refreshment	Dinner
07.30am onwards	10.30 am onwards	1.00 pm onwards	5.00 pm onwards	8.00 pm onwards

XXVIII SNA BIENNIAL CONFERENCE

Hosted by TNAI Tamil Nadu State Branch

November 2 – 6, 2019

Venue: PSG IMS & R Auditorium, PSG College of Nursing, Peelamedu, Coimbatore (TN)

Theme: "Nursing Harmony of mind, body and spirit"

S.No.	Committee	Chair Person	Email ID	Mobile No.
1. Conference Committee				
Chairperson		Prof. Dr. Jeyaseelan Devadason Dean & State TNAI President, Annai JKK Sampoorani Ammal College of Nursing, Ethirmedi, Valakaranur PO, Komarapalayam - 638 183.	tnaipresidenttnbranc h@gmail.com	9047052700
Secretary		Dr. A. Jayasudha Principal, PSG College of Nursing, Peelamedu, Coimbatore – 641 004.	jayasudham2003@g mail.com	9976729884, 9080772306
2. Program and Fund Raising Committee				
Chairperson		Mrs J Leena Professor, PSG College of Nursing, Peelamedu, Coimbatore – 641 004.	coimbatore_francis@ yahoo.com	9842614197
Co-Chairperson		Mrs M Jenifer Gracy Assistant Professor, PSG College of Nursing, Peelamedu, Coimbatore-641 004.	m.jg.mbbs@gmail.co m	9600125949
3. Competition Committee				
Chairperson		Ms. Roselin Myzhvizi Professor, PSG College of Nursing, Peelamedu, Coimbatore – 641 004.	romyvrsri@gmail.co m	9846341280
Co-Chairperson		Mrs D Hema Assistant Professor, PSG College of Nursing, Peelamedu, Coimbatore-641004	way2hema_2007@y ahoo.co.in	9500571410
4. Reception Committee				
Chairperson		Mrs T. Maheswari Associate Professor, PSG College of Nursing, Coimbatore – 641 004.	mahi2381@yahoo.co .in	9994622978
Co-Chairperson		Mrs R Abishak Lecturer, PSG College of Nursing, Coimbatore – 641 004.	abishakravikumar@g mail.com	9786899865
5. Accommodation and Transport Committee				
Chairperson		Mrs S. Sudhapriya Associate Professor, PSG College of Nursing, Coimbatore – 641 004.	sudhapriya146@gma il.com	8220774541
Co-Chairperson		Ms. M. Deepikashri Lecturer, PSG College of Nursing, Coimbatore – 641 004.	mdeepikashri@gmail .com	9400631421
6. Catering Committee				
Chairperson		Mrs RCJ Reena Associate Professor, PSG College of Nursing, Coimbatore – 641 004.	reenapraisyy@yaho o.co.in	9629733385

Co-Chairperson	Ms R Arthi Lecturer, PSG College of Nursing, Coimbatore – 641 004.	arthiramachandran2011@gmail.com	9597331883
7. Exhibition Committee			
Chairperson	Mrs PM Rajeswari Assistant Professor, PSG College of Nursing, Coimbatore-	rajimolemu@gmail.com	9865719270
Co-Chairperson	Mrs MS Merline Lecturer, PSG College of Nursing, Coimbatore-	merlinjoice@gmail.com	9791716280
8. Scientific Session Committee			
Chairperson	Mrs Santhanalakshmi G Assistant Professor, PSG College of Nursing, Coimbatore-641004.	santhanalakshmi86@gmail.com	7358849629
Co-Chairperson	Mrs Cicily John, Lecturer, PSG College of Nursing, Coimbatore-641004.	cibicil@yahoo.com	8086534272
9. Entertainment Committee			
Chairperson	Mrs R Gnanajothi Assistant Professor, PSG College of Nursing, Coimbatore-641004	gnanjothir@gmail.com	9597950194
Co-Chairperson	Ms Karthika. E, Tutor, PSG College of Nursing, Coimbatore- 641004.	karthikaeswaran02@gmail.com	8110066968
10. Press & Publication & Women Organization Committee			
Chairperson	Prof. Meera Saravanan Professor, PSG College of Nursing, Coimbatore-641004.	meerassaravanan@gmail.com	9789128294
Co-Chairperson	Ms Haritha R, Tutor, PSG College of Nursing, Coimbatore- 641004.	haritharajagopal23@gmail.com	9566855568
11. Health Committee			
Chairperson	Mrs S Muthulakshmi Assistant Professor, PSG College of Nursing, Coimbatore-641004.	muthuvijayan.ss@gmail.com	9585114707
Co-Chairperson	Ms. RL Deepa, Tutor, PSG College of Nursing, Coimbatore- 641004.	deeparl07@gmail.com	9894561224
12. Minute Secretary			
Chairperson	Mrs P Ramya Assistant Professor, PSG College of Nursing, Coimbatore-641004.	ramyasarah1609@gmail.com	8610999976
Co-Chairperson	Mrs K. Priscilla Lecturer, PSG College of Nursing, Coimbatore-641004.	prisci87.22@gmail.com	9629077516
13. Invitation Committee			
Chairperson	Mr M. Baskaran Associate Professor, PSG College of Nursing, Coimbatore-641004.	baskirathi@gmail.com	9842418047
Co-Chairperson	Ms Priyanka P, Tutor, PSG College of Nursing, Coimbatore- 641004.	prikutypriyanka@gmail.com	7397561200

14. Sports & Decoration Committee			
Chairperson	Mrs S Sofiya Princess Hema, Assistant Professor, PSG College of Nursing, Coimbatore-641004.	hemasofiya@gmail.com	9884168324
Co-Chairperson	Ms. Juno Jenciba, Tutor, PSG College of Nursing, Coimbatore- 641004.	junojenciba@gmail.com	8220250825
15. Sight Seeing Committee			
Chairperson	Mrs S. Kilda Associate Professor, PSG College of Nursing, Coimbatore-641004.	kilda_ju@yahoo.com	9843893830
Co-Chairperson	Ms. N. Kavi Priya, Tutor, PSG College of Nursing, Coimbatore- 641004.	Kavipriyavalli20@gmail.com	9444616190
16. Registration Committee			
Chairperson	Prof. M Nirmala Professor, PSG College of Nursing, Coimbatore-641004.	mnirmalamsc@gmail.com	7200040004
Co-Chairperson	Mrs R Remya Lecturer, PSG College of Nursing, Coimbatore-641004.	mya.remya@gmail.com	9400373710
17. Finance Committee			
Chairperson	Mrs Poornima Mary Rodriguez Associate Professor, PSG College of Nursing, Coimbatore- 641 004.	shweta.poornima@yahoo.in	9791537303
Co-Chairperson	Mrs D Lydia Jeevajoithi, Assistant Professor, PSG College of Nursing, Coimbatore-641 004.	lydisabi@gmail.com	9790353060

INVITATION FOR XXVIII SNA BIENNIAL CONFERENCE COIMBATORE, TAMIL NADU

2 - 6 NOVEMBER 2019

On behalf of the SNA members of the Tamil Nadu, TNAI State Branch, we cordially invite all the members to XXVIII SNA Biennial Conference to be held at Coimbatore from November 2-6, 2019. We look forward to your esteemed presence on this gracious occasion.



S Jesinth Kumar
IVth Year BSc (N) Student
State SNA Vice President



Vishvanath R
IVth year BSc (N) Student
State SNA Secretary

THE TRAINED NURSES ASSOCIATION OF INDIA
XXVIII SNA BIENNIAL CONFERENCE

Hosted by TNAI Tamil Nadu State Branch

2 November to 6 November 2019

Theme: "Nursing: Harmony of Mind, Body and Spirit"

**Venue: PSG IMS & R Auditorium, PSG College of Nursing,
 Peelamedu, Coimbatore, Tamil Nadu**

REGISTRATION FORM

Enter the registration form in **CAPITAL LETTERS** only

NAME (As required in the certificate)		
GENDER		
MEMBERSHIP Executive / Council / TNAI / SNA		
INSTITUTE SNA CODE (Applicable only for SNA Member)		
TNAI NUMBER (Applicable only for TNAI Member)		
STATE BRANCH		
INSTITUTE ADDRESS		
INSTITUTE PHONE WITH STD CODE		
MOBILE NUMBER		
EMAIL ADDRESS		
NAME OF THE COMPETITION IF PARTICIPATING		
MODE OF TRAVEL		
PARTICULARS	ARRIVAL AT COIMBATORE	DEPARTURE FROM COIMBATORE
NAME OF FLIGHT / TRAIN / BUS		
BUS STAND/ RAILWAY STATION BUS- Gandhipuram / Singanallur TRAIN – Central / Podanur		
DATE		
TIME		

Charges	Executive Committee & Council Members (Rs.)	TNAI Members (Rs.)	SNA Members (Rs.)	Non TNAI Members	Non SNA Members
Registration Fee	Rs. 700/-	Rs. 700/-	Rs. 500/-	Rs.800/-	Rs. 600/-
Food & Accommodation Per Day Per Individual (On sharing basis)	Rs. 2500/-	Rs.1800/-	Rs.1400/-	Rs.1800/-	Rs.1400/-
Late Fee	Registration Rs.100/-	Boarding & Lodging Rs. 500/-			
Sight Seeing - one day trip to OOTY on 6 November 2019					
CONFIRMATION (if yes)	Yes / No Amount Rs. 1500/- (Inclusive of travel and food)				

PAYMENT

Demand Draft/NEFT/ECS	In favour of "National SNA Biennial Conference-2019"
Name of the Bank	Central Bank of India
Branch	Peelamedu
Account No.	3760143816
IFSC	CBIN0280913
MICR Number	641016006
Mailing Address of Registration Form and Payment	Prof. M Nirmala, Chairperson, Registration Committee, PSG College of Nursing, Peelamedu, Coimbatore-641004, Tamil Nadu
E-mail Address (for sending your UTR Number and payment details)	xxviiiisnabiennialconference@gmail.com

Registration form to be sent to the Conference Registration Chairperson latest by **October 15, 2019** after which Late Registration fee will be charged.

Note: The amount once paid is not refundable

- No accommodation will be provided for the families/friends. They have to make their own arrangements.
- The Registration form can be downloaded from the TNAI website (www.tnaionline.org)

Corrigendum

In August 2019 issue of TNAI Bulletin under 'News from Nursing Institutions' (page 122), the second item beginning Indirani College of Nursing (ICN), did not carry the relevant text and photograph. The error is regretted. This item is therefore being published in this issue - Editor.

CHAIRPERSONS - REGISTRATION COMMITTEE (STATEWISE)

S. No	STATE	CHAIRPERSONS	MOBILE No.
1	Andaman & Nicobar	Prof. Nirmala M	7200040004
		Ms Agnish Ushi R	8754281949
2	Andhra Pradesh	Dr. MD Anuradha	9894102359
		Ms Anusuya. A	9445972634
3	Arunachal Pradesh	Prof. J Leena	9842614197
		Mr Bellson Raj C	9489770889
4	Assam	Mrs Gnanajothi R	9597950194
		Ms Bcula Daniel	9791855543
5	Bihar	Mrs Hema D	9500571410
		Ms Gowsalya K	8778182767
6	Chattisgarh	Mrs T. Maheswari	9994622978
		Ms Jayasudha P	7338710187
7	Chandigarh	Mrs Muthulakshmi V	9585114707
		Ms Jenifa M.	7639769873
8	Defence	Mrs Vedavalli K	8754208931
		Ms Mahalakshmi P	9578332875
9	Delhi	Mrs S Sofiya Princess Iema	9884168324
		Ms Manimegalai AV	8220851498
10	Goa	Mrs Shangeetha D	9788559588
		Ms ManjuParkavi KV	9500928003
11	Gujarat	Mrs Jenifer Gracy M	9600125949
		Ms Mareeswari P	9524270482
12	Haryana	Mrs RCJ Reena	9629733385
		Ms Nisha R	9443285356
13	Himachal Pradesh	Mrs Remya Ramachandran	9995411599
		Ms Niveditha R	8946042610
14	Jammu & Kashmir	Mrs Lydia Jeeva Jothi D	9790353060
		Ms Precna Jenifer P	9842211478
15	Jharkhand	Mrs Merline MS	9791716280
		Mr Rubenson K	7871140810
16	Karnataka	Mrs Ramya P	8610999976
		Ms Sabitha J	9843093540
17	Kerala	Ms M Deepikashri	9400631421
		Ms Sandhya J	8508932833
18	Madhya Pradesh	Mrs Priyasevi	8838357658
		Ms Sangeetha G	9597404002
19	Maharashtra	Mrs Priscilla K	9629077516
		Ms Sowmiya R	8870997142
20	Manipur	Mrs Poornima Mary Rodriguez	9791537303
		Ms Sushmitha M	9842787865
21	Meghalaya	Ms R. Abishak	9786899865
		Ms Vasundara S	8072994557

S. No	STATE	CHAIRPERSONS	MOBILE No.
22	Mizoram	Ms Anitha	9842022904
		Mr. Vishnu Hari Prasad M	9629729246
23	Nagaland	Mrs Jeyamoni. D	7708047949
		Ms Yashotha G	7708383440
24	Odisha	Mrs Cicily John	7708047949
		Ms Bhagyalakshmi	8056256485
25	Punjab	Mrs PM Rajeswari	9865719270
		Ms Kavipriya N	9444616190
26	Rajasthan	Prof. Meera S	9789128294
		Mr Kapil Dev	8098912648
27	Sikkim	Mrs Sudhapriya S	8220774541
		Ms Flora Hebsiba	9751358896
28	Tamilnadu	Mr M Baskaran	9842418047
		Ms Isabella A	8015013593
29	Telangana	Mrs Santhanalakshmi G	7358849629
		Ms Jesril Sherlyne J	9894726235
30	Tirpura	Ms E Karthika	8110066968
		Ms Joy JebaSinthiya G	9042297220
31	Uttarkhand	Mrs P Vikashini	9384246290
		Ms Kalaimathi G	8870193124
32	Uttar Pradesh	Mrs Kilda S	9843893830
		Ms Kripa Elsa Mathew	9497178144
33	West Bengal	Mrs Prameela	8754951448
		Ms Haritha R	9566855568

Note:

Your name, institute, state and UTR number to be messaged to respective State Chairpersons and emailed to: xxviiiisnabiennialconference@gmail.com. Call the respective State Chairpersons for confirmation and clarification, if any, only between 5.00 pm to 9.00 pm.

ठीक नहीं है ब्रेक के दौरान स्मार्टफोन का इस्तेमाल

पढ़ने वाले छात्र हों या कामकाजी लोग, लंच या अन्य ब्रेक के दौरान स्मार्ट फोन में व्यस्त रहना आम बात है। अमेरिका की रटगर्स यूनिवर्सिटी के शोध के हवाले बिहेवियरल एडिक्शन जर्नल के ताजा अंक में बताया गया है कि ब्रेक के समय फोन से चिपके रहना मन और शरीर के लिए घातक हो सकता है। कालेज जाने वाले 414 छात्रों पर संचालित इस अध्ययन में छात्रों को 20 शब्द पहेलियों (क्विज़) का सेट हल करने को कहा गया। इस प्रक्रिया में छात्रों को विकल्प दिया गया कि वे ब्रेक में स्मार्टफोन इस्तेमाल करने सहित कुछ भी कर सकते हैं। जिन छात्रों ने स्मार्टफोन चुना उन्हें अन्य विकल्प चुनने वालों की तुलना में पहेलियां सुलझाने में 1 फीसद अधिक समय लगा और वे अन्यों की तुलना में 22 फीसद कम पहेलिया सुलझा सके। इससे स्पष्ट था कि मानसिक तौर पर थकने के बाद मस्तिष्क स्मार्टफोन के इस्तेमाल से दोबारा रिचार्ज नहीं हो पाता। रटगर्स बिजनेस स्कूल के एसोसिएट प्रोफेसर टेरी कुर्टबर्ग के अनुसार स्मार्टफोन में लगे रहने वालों का ध्यान हर एक मिनट में स्मार्टफोन की तरफ चला जाता है और उनके लिए किसी भी विषय पर ध्यान लगाना कठिन हो जाता है।