

THE TRAINED NURSES' ASSOCIATION OF INDIA

**TNAI BULLETIN****VOL. 5 No. 8****AUGUST 2016****Skill the Nurses**

**I**n this age of demand for specialisation, it is imperative that Nurses not only keep themselves updated on emerging trends in routine areas but also opt for specialised courses. The latest development in this area is the introduction of Nurse Practitioner Courses, one on Critical Care and the other on Primary Healthcare. Launching these two courses, Health & Family Welfare Minister Mr JP Nadda said that Government was committed to providing accessible, affordable and quality training to Nurses. Shri Nadda said that the newly launched online 'Live Register', as repository of active, registered nurses, will help the Government for better planning of Nurses manpower and facilitate policy level decisions for the nursing professionals in the country. The Health Minister stated that in line with the vision of the Prime Minister for "Skill India" mission, we also need to develop courses for skilling the nurses.

The vital need of upgrading the skills of Nurses was recently emphasised by our Union Minister when inaugurating the Office Complex of Indian Nursing Council (INC) in Okhla Phase I, New Delhi on 27 June 2016. It was especially due to the consistently painstaking efforts of INC office bearers President Mr T. Dileep Kumar, Vice President Dr Asha Sharma and the entire Executive and Council members of INC that the Indian Nursing Council could have its own office complex this day. Senior TNAI officers were present at this occasion. Putting Nurses on par with doctors for improving the health of people of the country, the Minister said "The role of the nursing staff can be compared equally to that of the doctors when we think of achieving the SDGs".

As for the forthcoming Biennial Conference during 15-19 October, 2016 in

**INSIDE**

- 113 Editorial
- 114 XXVI TNAI (75<sup>th</sup>) Biennial Conference, Jaipur Rajasthan- Invitation for Scientific Paper Presentation.
- 115 XXVI TNAI (75<sup>th</sup>) Biennial Conference, Jaipur Rajasthan- Invitation – Scientific Poster Exhibition Registration Form
- 116 XXVI TNAI (75<sup>th</sup>) Biennial Conference, Jaipur Rajasthan – Conference Registration Form
- 118 XXVI TNAI (75<sup>th</sup>) Biennial Conference, Jaipur Rajasthan – List of Committee Chairpersons
- 120 XXVI TNAI (75<sup>th</sup>) Biennial Conference, Jaipur Rajasthan – Conference Programme – Tentative
- 123 Sight Seeing in Rajasthan
- 127 TNAI Felicitates National Florence Nightingale Awardees
- 127 TNAI Workshop Announcement
- 128 Hindi Matters

Jaipur, I request that those who have not been able to get registered so far for their participation please do it soon. Those desirous of seeking accommodation may book the same well in advance as the seats are limited. Details of programmes registration and accom-odation together with charges are given in inside pages of this issue. I assure, participation in the Conference shall be big opportunity to benefit and enrich oneself from the ensuing deliberations and interactions with co-professionals from other parts of the country.

**(Evelyn P Kannan)**

Chief Editor &amp; Secretary General

# **XXVI TNAI (75th) Biennial Conference 15-19 October 2016 Jaipur, Rajasthan**

## ***Invitation for Scientific Paper Presentation***

### **I. Main theme**

Nurses: A Force for Change: Improving Health Systems Resilience

### **II. Sub themes**

1. Global Health Care: Collaborative Approach
2. Health Technology & Nursing Practice
3. Nursing Practice and Practice Act

The scientific paper to be presented in the conference should be on conference Main theme / Sub themes 1, 2 & 3.

### **III. Concurrent Interest session on any of the following Specialties**

OBG Nursing, Mental Health Nursing, Child Health Nursing, Community Health Nursing, Medical and Surgical Nursing, Nursing Education, Administration & Research.

Please note that in Concurrent Interest sessions, scientific papers need **not be based** on the conference Theme or Sub themes.

### **Criteria for all the scientific presentations** (Theme, Sub themes, and Concurrent Interest sessions)

1. All presentations should be based on Research papers.
2. The scientific paper should contain: Introduction, Need and Significance, Problem statement, Objectives, Hypothesis/ Assumptions, Conceptual Framework, Review of Literature (at least two relevant studies), Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Conclusion, Implications, Recommendation and References /Bibliography.
3. One member can present one paper only.
4. Maximum two authors can present one paper.

### **IV. Poster presentation**

All Posters for the presentation should be based on **Research papers** like a visual presentation of the scientific paper on any nursing specialties by individual TNAI member for display. Size of the Poster/ Flex should be approximately 30x40 inches; Ideas depicted in the poster should be relevant to the study; Lettering and design of the poster should be bold and big enough to be seen from a distance; Layout of the picture, if any must be properly balanced to give a correct sense of proportion; Extra fixing of clipping cuttings or any other form on the poster should be avoided.

The poster should depict the following: Introduction, Need and Significance, Problem statement, Objectives, Review of Literature (two relevant studies), Brief description of Methods and Procedures, Findings and Interpretation to be placed in one or two tables, Conclusion, Implications, Recommendation and References / Bibliography. Poster should not have any identification (code will be give before display). The Date and time of displaying the poster will be communicated later through forthcoming journal.

### **Please note:**

- The study carried out within three years period are only entertained.
- The researcher / presenters should be a Member of TNAI. The word limit for the scientific paper presentation is 2000. Enclose separate sheet for author / authors name and a paragraph of bio data, complete address, phone number, email, and TNAI number.
- All the presenters should register for the conference.
- No TA / DA will be provided to the presenters.
- The TNAI will be awarding certificate along with the credit hours to the presenters. The delegates / participants will get the participation certificate along with the 16 credit hours purely based on the **registration and attendance**.

Complete research paper on theme, subthemes, Concurrent Interest session and poster presentation in soft and hard copy should reach TNAI Hqrs by **August 15, 2016** for scrutiny and selection to the following address:

**The Secretary General, TNAI  
L-17, Florence Nightingale Lane, Green Park Main, New Delhi - 110016**

**SCIENTIFIC POSTER EXHIBITION REGISTRATION FORM**

Name of the Poster Presenter \_\_\_\_\_  
TNAI No. \_\_\_\_\_ Address \_\_\_\_\_  
Clinical Speciality \_\_\_\_\_  
Topic of the Poster \_\_\_\_\_

**Certificate of Recommendation**

The poster is the bonafide work of Miss/Mrs./Mr./Sr. \_\_\_\_\_ and has not been exhibited before. The Nurse is member of the Trained Nurses' Association of India; her/his TNAI number is given above.

Signature \_\_\_\_\_  
Name \_\_\_\_\_

CNO/ Nursing Superintendent/Principal, CON/SON or Any senior member of TNAI

**Rules for Entry**

**Poster Presentation:** A visual presentation of the scientific paper on any nursing specialties by an individual for display on any of the clinical specialties (OBG Nursing, Mental Health Nursing, Child Health Nursing, Community Health Nursing, Medical and Surgical Nursing, Nursing Education, Administration and Research).

- a. **Size of poster/flex should be approximately 30x40 inches.**
- b. Ideas depicted in the poster should be relevant to the study.
- c. Lettering and design of the poster should be bold and big enough to be seen from a distance.
- d. The layout of the picture, if any, must be properly balanced to give a correct sense of proportion.
- e. Extra fixing of clippings/cuttings or any other form on the poster should be avoided.
- f. The poster should depict the following: Introduction, Need and Significance, Problem Statement, Objectives, Review of Literature (two relevant studies), Brief description of methods and Procedures, Findings and interpretation to be placed in one or two tables, Conclusion, Implications, Recommendation and References/Bibliography.
- g. Poster **should not have** any identification of the presenter (code will be given before display).
- h. The Date and time of displaying the poster will be communicated later through forthcoming journal.
- i. All exhibits should be registered. The registration fee is **Rs. 100/-** per entry. The money should be sent by DD/Cheque/Money order in favour of **Trained Nurses Association of India**, payable at New Delhi along with registration form to the **Secretary-General, TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**

**Notes:**

- The Studies carried out within three years period only shall be entertained.
- The researcher/ presenters should be a member of TNAI. The word limit for the scientific paper presentation is 2000. Enclose separate sheet for author/ authors name and a paragraph, bio data, complete address, phone number, email, and TNAI number.
- Members who had done registration are eligible to attend the conference and participate in the Poster Presentation.
- No TA/DA will be provided to the Poster Presenters.
- Abstract to be sent on or before **August 15, 2016** to the TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016 for scrutiny and selection at the national level.
- The TNAI will be awarding certificate along with the Credit hours to the delegates/participants for attending/participating in Plenary Sessions, Research-based Concurrent Sessions, Poster Presentations etc. during the TNAI's Professional Biennial Conference- October 15-19, 2016 to be held at Jaipur, Rajasthan.
- Learning experience through these educational programmes are evaluated by the attendance of the participants/delegates, then based on the attendance credit hours will be calculated. Therefore, delegates are requested and advised to attend all the sessions for obtaining credits.

# XXVI TNAI BIENNIAL (75<sup>TH</sup>) NATIONAL CONFERENCE, JAIPUR, RAJASTHAN

BM Auditorium, Statue Circle, Jaipur (Rajasthan)

## CONFERENCE REGISTRATION FORM

*Pre-Conference Meetings: October 15-16, 2016 and Conference: October 17-19, 2016*

### Personal Details

Full Name (Block Letters): Mr. /Ms. /Sr. /Dr. \_\_\_\_\_

Executive/Council Member/HOD member/TNAI Member/SNA Delegate//Non-TNAI Member

TNAI Life Membership No. \_\_\_\_\_ Office held in TNAI/SNA \_\_\_\_\_

Working at:

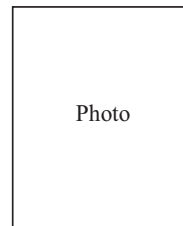
\_\_\_\_\_ Designation. \_\_\_\_\_

Correspondence Address \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_ Ph.: \_\_\_\_\_ Mob. \_\_\_\_\_

Whether presenting Paper/Poster: Yes/No \_\_\_\_\_



### Accommodation Details (Resident Delegates)

Food Veg ( ) Non-Veg ( )

Do you require accommodation? Yes ( ) No ( )

Period of stay from \_\_\_\_\_ to \_\_\_\_\_

Date and time of arrival at Jaipur Date: \_\_\_\_\_ Time: \_\_\_\_\_

Indicate the mode of travel Rail ( ) Bus ( ) Air ( )

Name & No. of Train / Flight \_\_\_\_\_

Departure from Jaipur: Date \_\_\_\_\_ Time \_\_\_\_\_ Train/Flight \_\_\_\_\_

Would you like to join Sight Seeing? Yes ( ) No ( )

### NOTE:

1. No accommodation arrangement will be made for families / friends / relatives / accompanying participating members. They have to make arrangements on their own. However, the members concerned in such cases may get information for accommodation facilities available in the city by writing to the organising chair person.
2. Arrangement for stay will be made in respect of only those delegates who submit the registration form along with the required charges by the closing date of registration.
3. Registration Fee will be non-refundable. As seats are limited, registration will be made on first come first served basis. Last date for submission of duly filled-in Registration Form is August 20, 2016. After this late registration fee will be charged upto 30 August 2016.

4. Demand Draft to be drawn in favour of **Trained Nurses Association of India Rajasthan State Branch** payable at Jaipur, Account No. 14630100009958 IFSC Code: BARB0JAICOM; Bank of Baroda, Branch-Udyog Bhawan, Tilak Marg, C-Scheme, Jaipur (Rajasthan).
5. Registration is mandatory for the delegates who are presenting Paper / Poster.
6. The Registration fee and other charges should be sent in advance through a NEFT/Demand Draft drawn in favour of **Trained Nurses Association of India Rajasthan State Branch** payable at **Jaipur**. The duly filled Registration form along with payment and a self-addressed stamped envelope (Rs. 10/-) should be sent to **Dr Jogendra Sharma**, Conference Chairperson, TNAI Rajasthan (Address: Govt. College of Nursing, JLN Marg, Jaipur-302004. Mob. 9414023344, 9414649100, 9414278788, 9828307244, 9414278785. Email: tnairaj@gmail.com; Website: www.tnairaj.org; www.facebook.com/TNAI-National-Conference
7. The State SNA Vice President and SNA Secretaries are required to attend the House of Delegates and the Conference as observers, no other SNA members, apart from these two SNA Office bearers, should attend this conference. However, there is no ban for local SNA members for attending the Conference, provided such an arrangement is made with the Conference Registration Committee.
8. The Registration Form can be obtained from (a) the TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016; (b) current or recent issues of NJI or TNAI Bulletin or (c) downloaded from TNAI website (www.tnaionline.org). Members are free to use typed or photocopies of this Form.

### Fee Details:

Category	Executive Committee / Council / HOD Members (Rs.)	TNAI Delegates (Rs.)	SNA Members (Rs.)	Non-TNAI Members (Rs.)
<b>I. Registration</b> (a) Registration Fee upto 20/08/16	500/- member	500/- member	300/- member	600/- member
Accommodation Facility – <b>5 Star</b> (Twin Sharing Basis)	<b>4000/- day/person</b> (Five star facility including boarding, lodging and transport)	<b>4000/- day/ person</b> (Five star facility including boarding, lodging and transport)	-	<b>4000/- day/person</b> (Five star facility including boarding, lodging and transport)
Accommodation Facility – <b>3 Star</b> (Twin Sharing Basis)	<b>3000/- day/person</b> (Three star facility including boarding , lodging and transport)	<b>3000/- day/ person</b> (THREE star facility including boarding , lodging and transport)	-	<b>3000/- day/person</b> (Three star facility including boarding, lodging and transport)
Accommodation Facility – <b>Guest Room</b> (Twin Sharing Basis)	<b>1500/- day/person</b> (Guest room facility including boarding, lodging and transport)	<b>1500/- day/ person</b> (Guest room facility including boarding, lodging and transport)	<b>500/- day/person</b> (Guest room facility including boarding, lodging and transport)	<b>1500/- day/person</b> (Guest room facility including boarding, lodging and transport)
<b>Late Registration fee</b> upto 30/8/2016	600/- member	600/- member	300/- member	800/- member
<b>On the spot Registration</b> (Participants have to make their own arrangements)	700/- member	700/- member	400/- member	1200/- member
<b>III. Sight Seeing</b>	1000/-	1000/-	1000/-	1000/-

# XXVI TNAI (75th) Biennial National Conference, Jaipur (Rajasthan)

15-19 October 2016

## List of Committee Chairpersons

S.No.	Committee		Name, Designation and Contact No.
1	Conference Chairperson	1	Dr Jogendra Sharma, Vice President - TNAI Rajasthan Branch; Principal, Govt. College of Nursing, Jaipur & Dean, Rajasthan University of Health Sciences, Jaipur. Mob: 9414023344
		2	Mrs Suneeta Mishra, President - TNAI Rajasthan Branch; Principal, Jaipur Hospital College of Nursing, Jaipur. Mob: 9414649100
2	Conference Secretary	1	Sh Mahesh Kumar Sharma, Secretary - TNAI Rajasthan Branch; NT, Govt GNMTC, Jaipur. Mob: 9414278788
		2	Dr Yogesh Yadav, Principal, Jaipur Nursing College & Dean, MV Global University Jaipur. Mob: 9828307244
		3	Dr Mahipal Singh, Principal, ABVP College of Nursing, Sikar. Mob: 9414663646
3	High Power Committee	1	Mrs Meenaxi Massey, Principal GCON, Kota
		2	All Principals of Nursing Colleges and Schools
4	Programme Chairperson	1	Dr Subhash Sharma, Director, Shri Krishna Institute of Nursing Education and Research, Jaipur. Mob: 9352028765
		2	Sh Ramrai Sharma, NT Govt College of Nursing, Jaipur. Mob: 9414278785
5	Chairperson, Scientific Session	1	Mrs Meenakshi Soni, Govt College of Nursing, Jaipur Mob: 9414216473
		2	Sh Jagdeep Saini, NT, Govt College of Nursing, Jaipur. Mob: 9414275945
		3	Mrs Samta Soni, NT, Govt College of Nursing, Jaipur. Mob: 9414394506
6	Chairperson, Reception Committee	1	Sh Sandeep Avasthi, Principal, Govt College of Nursing, Alwar. Mob: 9462235141
		2	Mrs Daisey Christofer, NT, Govt. College of Nursing, Jaipur. Mob: 9460573906
		3	Mrs Sunita Dhariwal, NT, Govt GNMTC Jaipur. Mob: 9636800922
7	Chairperson, Registration Committee	1	Brig Kamlesh, Principal, NIMS College of Nursing, Jaipur. Mob: 9116010417
		2	Sh Jitendra Khatri, Principal, Mai Khadija CON, Jodhpur. Mob: 9414205574
		3	Mrs Maya Dinkar, NT, Govt College of Nursing, Jaipur, Mob: 8003114375
8	Chairperson, Finance Committee	1	Dr Rajendra Sharma, NT, Govt. GNMTC Jaipur. Mob: 7792023710
		2	Sh Narendra Kaushik, Principal, Govt. College of Nursing, Bikaner. Mob: 9413615953
		3	Sh Ghanshyam Jangir NT, Govt. College of Nursing, Bikaner
9	Chairperson, Catering Committee	1	Sh Ram Kumar Meena, NT, HFWTC, Heerabagh, Jaipur. Mob: 9928986034
		2	Sh Ravindra Sharma, Principal, Mittal College of Nursing, Ajmer. Mob: 9460221158
		3	Sh Gumam Singh, NT, Govt, GNMTC Jaipur. Mob: 9829818984
10	Chairperson, Accommodation Committee	1	Sh Sher Singh Morodiya, Govt College of Nursing, Jaipur
		2	Sh Shrikant Lata, NT, Govt College of Nursing, Jaipur. Mob: 9829120182

		3	Sh Girraj Soni, Principal, Mahatma Gandhi College of Nursing, Jaipur. Mob: 9001890251
11	Chairperson, Entertainment Committee	1	Mrs Joice Kurien, NT, Govt. GNMTC Jaipur. Mob: 9414718310
		2	Mrs Sahin, Principal SDM School of Nursing, Jaipur. Mob: 9829444611
		3	Mrs Anita Singh, NT, Govt. GNMTC Jaipur. Mob.: 9414056660
12	Chairperson, Minutes Committee	1	Ms Vijayamma, Principal, Govt. College of Nursing, Udaipur. Mob: 9414164688
		2	Sh Ashok Yadav, NT, Govt College of Nursing, Jaipur. Mob: 9460323802
		3	Sh Mahesh Vijay, NT, Govt College of Nursing, Jaipur. Mob: 8875206777
13	Chairperson, Press & Public Relation Committee	1	Sh Subhash Sharma, NT, Govt College of Nursing, Jaipur. Mob: 9414794806
		2	Sh Nimesh Dave, Principal, Govt College of Nursing, Ajmer. Mob: 9460971705
		3	Sh Kailash Khandelwal, Principal, Soni College of Nursing, Jaipur. Mob: 9414079237
14	Chairperson, Transportation Committee	1	Sh Daulat Singh, NT Govt GNMTC Jaipur. Mob: 9602958751
		2	Sh RK Saini, Principal Dhanwantari College of Nursing, Jaipur. Mob: 9799177174
		3	Sh Arvind Choudhary, Principal, Devi College of Nursing, Jaipur. Mob: 9828197288
15	Chairperson, Souvenir Committee	1	Sh Sunil Sharma, Principal Upchar College of Nursing, Jaipur. Mob: 9784003308
		2	Sh Vishal Tak, Mob: 9460720281
		3	Dr Usha Yadav, NT, Govt College of Nursing, Jaipur. Mob: 9828307244
16	Chairperson, Health Committee	1	Sh Ramesh Jangid, NT Govt College of Nursing, Jaipur
		2	Sh Dinesh Dhamnodia, Principal, Govt College of Nursing, Jodhpur. Mob: 9351647150
		3	Sh Rajendra Singh, NT Govt GNMTC, Jaipur.
17	Chairperson, Invitation Committee	1	Sh Babu Lal Sharma, NT Govt College of Nursing, Jaipur. Mob: 9414752960
		2	Sh Surendra Mishra, Principal, Liberty College of Nursing, Jaipur. Mob: 9829609040
		3	Sh Rajveer Gurjar, Principal, Jai Durga College of Nursing, Jaipur. Mob: 9414607392
18	Chairperson, Poster and Exhibition Committee	1	Sh Ayub Ali, NT Govt. College of Nursing, Jaipur. Mob: 9461667730
		2	Sh Mukesh Sharma, NT, Govt College of Nursing, Alwar. Mob: 9414855149
		3	Sh Vinod Mathuriya, NT, Govt College of Nursing, Jaipur
19	Chairperson, Sight Seeing Committee	1	Sh Kedar Singh Rajput, NT Govt College of Nursing, Jaipur. Mob: 9829558244
		2	Sh Atul Pareek, NT Govt College of Nursing, Jaipur. Mob: 9413969021

## Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly *TNAI Bulletin*, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000 per item including one photograph. The payment should be through a demand draft in favour of **The Trained Nurses' Association of India (TNAI)**, New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.



**XXVI TNAI BIENNIAL (75<sup>th</sup>) CONFERENCE  
JAIPUR, RAJASTHAN**

**CONFERENCE PROGRAMME (TENTATIVE)**

**Venue:**

**Theme: "Nurses: A force for Change: Improving Health System's Resilience"**

**Pre-Conference meetings October 15-16 & Conference: 17-19 October 2016**

<b>Pre- Conference Programme: (October 15-16, 2016)</b>		
<b>Day 1: 15 October (Saturday)</b>		
9.00 am - 5.00 pm	Combined TNAI EC/Council Meeting	<b>Venue to be decided</b>
10.00 am - 12 noon	Press Conference (simultaneously)	Press Conference Committee
<b>Day 2: 16 October (Sunday)</b>		
	House of Delegates Meeting / SNA General Committee Meeting, ANM Meeting (simultaneously)	Venue to be Confirmed
	Registration/Roll Call	TNAI HQ staff
9.00 am - 10.00 am	<b>Business Session-I</b> Introduction to HOD	Mrs Evelyn P Kannan Secretary-General, TNAI
11.00 am - 5.30 pm	Presentation of Branch Reports Lunch Break	State Branch Presidents / Secretaries
1.30 pm - 02.30 pm	Presentation of Report by Secretary-General TNAI	Mrs Evelyn P Kannan Secretary-General, TNAI
2.30 pm - 03.30 pm	Report of Hony. Treasurer, TNAI	Dr Bhargavi CN Hony. Treasurer, TNAI
3.30 pm - 05.30 pm	Report of SNA and Continuing Education Report of Publication Section, TNAI	Mrs Sanghamitra Sawant, Asst. Secretary-General, TNAI's CIN/ECH Mr Ajinas AM, Asst. Secretary-General
9:00 am - 3:00 pm	Putting up Exhibition (Poster) (Simultaneously)	Venue to be Confirmed
3:30 am -5:30 pm	Judging of Exhibition	Judges



<p><b>Conference Programme: (October 17-18)</b></p> <p><b>Day 3: October 17, 2016 (Monday) (11 am - 1.00 am)</b></p> <p>11.00 am - 11.05 am</p> <p>11.05 am - 11.10 am</p> <p>11.10 am - 11.15 am</p> <p>11.15 am - 11.20 am</p> <p>11.20 am - 11.25 am</p> <p>11.25 am - 11.35 am</p> <p>11.35 am - 11.45 am</p> <p>11.45 am - 11.50 am</p> <p>11.50 am - 12.05 pm</p> <p>12.05 pm - 12.15 pm</p> <p>12.15 pm - 12.20 pm</p> <p>12.20 pm - 1.30 pm</p> <p>1.30 pm - 2.30 pm</p> <p>2.30 pm - 5.30 pm</p>	<p><b>INAUGURAL SESSION</b></p> <p>Invocation</p> <p>Welcome speech</p> <p>Lighting of the Lamp</p> <p>Introduction to TNAI and Conference</p> <p>Reading of Messages</p> <p>Unfolding of Conference Theme</p> <p>Presidential Address</p> <p>Release of Souvenir</p> <p>Inaugural Address</p> <p>Felicitation</p> <p>Vote of Thanks</p> <p>Lunch Break</p> <p><b>Business Session-II</b> Roll Call Receiving of Purse</p> <p><b>PLENARY SESSION- I</b> Sub-Theme: Global Health Care: Collaborative Approach.</p> <p>Moderator (5 minutes)</p> <p>Keynote Address (10 minutes)</p> <p>Scientific Paper Presentation</p> <p>Open Discussion (5 minutes)</p> <p><b>PLENARY SESSION- II</b> Sub-Theme: Health Technology and Nursing Practice.</p> <p>Moderator (5 minutes) Keynote Address (10 minutes) Scientific Paper Presentation Open Discussion (5minutes)</p>	<p><b>Venue</b> to be Confirmed</p> <p>Host Branch</p> <p>Mr Mahesh Kumar Conference Secretary</p> <p>Chief Guests and Dignitaries</p> <p>Mrs Evelyn P Kannan Secretary-General, TNAI</p> <p>Chairperson, Souvenir Committee</p> <p>Mrs Rajeshwari Siva, Vice President TNAI South Region, Professor,Community Heath Nsg. Dept. CON, CMC Hospital Vellore- 632004, Tamil Nadu</p> <p>Mrs Anita Deodhar, President, TNAI</p> <p>Guest of Honour</p> <p>Chief Guest (to be Confirmed)</p> <p>Host Branch</p> <p>Secretary, Rajasthan State Branch</p> <p>Secretaries, TNAI Hony. Treasurer, TNAI</p> <p>Mr. Subhash Chand Sharma, 345, Vinoba Vihar, Malviya Nagar, Jaipur</p> <p><b>To be confirmed</b></p> <p>Ms. Sushila Samuel, Director Clinical, ARJOHUNTLEIGH (Getinge Group) Mumbai</p>
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	<p><b>PLENARY SESSION- III</b> Sub-Theme Nursing Practice and Practice Act</p> <p>Moderator (5 minutes) Keynote Address (10 minutes) Scientific Paper Presentation Open Discussion (5minutes)</p> <p><b>Cultural Programme</b></p> <p>TNAI AT Home</p>	<p>Ms. Surekha Sama, Vice President, TNAI North Region, House No 75, Sector 16-A, Faridabad, Haryana-121002</p> <p>Chairperson, Entertainment Committee/Host Branch</p> <p>Host Branch</p>
<p><b>Day 4: October 18, 2016 (Wednesday)</b></p> <p>8.30 am - 12.00 am</p> <p>12.00 noon - 1:00 pm</p> <p>1:00 pm - 2:00 pm</p> <p>2.00 pm-4.00 pm</p> <p>6.00pm</p>	<p>Concurrent sessions (Simultaneously) OBG, Community Health, Medical and Surgical Nursing, Mental Health Nursing, Child Health Nursing, Administration and Research</p> <p>Recommendations and Resolutions (adopted during the TNAI Council / HOD meeting)</p> <p>Lunch</p> <p><b>VALEDICTORY FUNCTION</b></p> <p>Welcome</p> <p>Conference Resume</p> <p>Valedictory Remarks</p> <p>Valedictory Address &amp; Distribution of Prizes</p> <p>Vote of thanks</p> <p>Post Conference meeting</p>	<p>In 6 Halls (Venue to be Confirmed)</p> <p><b>Venue:</b> Mr Joginder Sharma / Mrs Suneeta Mishra</p> <p>Chairperson, Programme Committee</p> <p>Chairperson, Minutes Committee</p> <p>Mrs Anita Deodhar, President, TNAI Chief Guest (to be confirmed)</p> <p>Host Branch and Secretary-General, TNAI Host Branch and Secretary-General, TNAI</p>
<p><b>Day 5: October 19, 2016 (Wednesday)</b></p>	<p>Sight seeing</p>	<p>Chairperson, Sightseeing Committee</p>

### हिन्दी रचनाएं आमंत्रित हैं

मासिक टी एन ए आई बुलेटिन के हिंदी खंड में प्रकाशन के लिए लघु रचनाओं का स्वागत है। प्रस्तुत की गई सामग्री नर्सिंग व्यवसाय, स्वास्थ्य शिक्षा से संबद्ध हो। आप इसमें अपने रोचक संस्मरण तथा अनुभव भी भेज सकते हैं। प्रकाशन के विचारार्थ सामग्री सकारात्मक सोच से परिपूर्ण होनी चाहिए। स्पष्ट लिखी या टाइप की गई रचनाएं संपादक के नाम भेजी जाएं।

— संपादक

# Sight Seeing in Rajasthan

Rajasthan – the State of Kings is harmonious unification of the old and new, the ancient and the modern. The forts and majestic palaces here remind one of a rich, romantic heritage of heroism, honor and chivalry. The State has something for all tastes: stark deserts and surrounded by the Aravallis, vibrant and colourful festivals adventurous holiday resorts, beauty of the golden sand-dunes, nuances of royalty. Its cities of Jaipur, Jodhpur and Udaipur attract lots of national and international tourists every year; Rajasthan is one of the most sought-after tourist destinations. So are the people of Rajasthan: cheerful, welcoming, courteous and simple.

Temples and other religious places of Jaipur, the State capital, reflect the spiritual value of the dynasties of the past, who built them. Here is a profile of few places that most outsiders choose to visit in and around Jaipur.

## Amer Fort

About 11 km from Jaipur, Amer Fort, popularly known as the Amer Palace, was built in 1592 by Raja Man Singh. It was built in red sandstone and marble; the Maota Lake adds grandeur to the entire Fort. It is beautiful on the inside and boasts of its Diwan-i-Aam, the Sheesh Mahal and the Sukh Mahal. This Fort has influences of both Hindu and Muslim architecture. It also has the Shila Devi Temple and the Ganesh Pol, a gate leading to the private palaces of the kings. The Amer Fort has many pavilions and halls of great interest.



## City Palace, Jaipur

The City Palace is at the heart of the city from where the Maharaja reigned. Inside the palace are the famous Chandra Mahal, Mubarak Mahal and other buildings. The palace was built between 1729 and 1732 AD by Sawai Jai Singh II who was ruler of Amer. The architectural styles are largely based on a fusion of Rajput, Mughal and European styles. The Chandra Mahal has now been turned into a museum, which is home to unique handcrafted products, uniforms of the rulers and other items of the royal heritage of the City Palace.



## Hawa Mahal

The renowned Hawa Mahal (Palace of the Winds) is one of the most prominent tourist attractions in Jaipur. Situated in the heart of Jaipur, this beautiful five-storey palace was constructed in 1799 by Maharaja Sawai Pratap Singh of Kachhwaha Rajput dynasty. The chief architect of this palace was Lal Chand Ustad. The palace is believed to have been constructed in the shape of the crown of Krishna, the Hindu god. Considered as an embodiment of Rajputana architecture, the main highlight of Hawa Mahal is its pyramid shape and its 953 windows or (Jharokhas) decorated with intricate designs, the idea being facilitating the royal women to view of everyday life through the windows, as they never appeared in public.



## Jaigarh Fort

The Jaigarh Fort is a majestic stronghold built by Sawai Jai Singh II. Surrounded by huge battlements, it is said to be connected to the Amer Fort via subterranean passages. Originally built to protect the Amer Fort and the palace within the complex, the Jaigarh Fort is architecturally similar to the Amer Fort, and offers a panoramic view of the city of Jaipur. The fort houses the world's largest cannon on wheels, a majestic palace complex and the assembly hall of the warriors with a museum and an armory. The fort was renowned for a huge treasure buried under the fort, reportedly seized by the Government of Rajasthan in the 1970s. This Fort was built to secure Jaipur City and the Amer fort from warlords and rivals.



## Jantar Mantar Jaipur

One of the largest observatories housing the world's largest sundial, the Jantar Mantar combines religion, science and art. Jantar Mantar is the name given to a series of five magnificent structures built in Jaipur, New Delhi, Ujjain, Varanasi and Mathura. Jaipur was the seat of Maharaja Jai Singh II during the 1720's and this is when this magnificent structure was built here. The Jantar Mantar in Jaipur is considered to be the largest of the five observatories. The Universe and the Cosmos have always been of interest to man, and it was this interest that compelled the Maharaja to build an astronomical observatory. It houses various architectural and astrological instruments that have caught the interests of astronomers, historians and architects around the world.



### **Nahargarh Fort**

Nahargarh Fort, along with other two forts viz., Amer Fort and Jaigarh Fort, once formed a strong defense for Jaipur city. Built by Maharaja Sawai Jai Singh II in 1734, its name was changed from Sudarshangarh Fort to Nahargarh, which means 'abode of tigers'. It has a breathtaking view of the scenic surroundings. It has an extended wall which connects to the Jaigarh Fort.



### **Gaitore**

Some 15 km from city, Gaitore has excellent road connectivity. It has been a royal cremation ground for the Kachhwaha Rajput kings and the members of the royal family. The valley on its passage has cenotaphs (chhatra) made of marble and sandstone with Rajastani carvings, dedicated to legendary kings who ruled Jaipur. A perfect blending of Islamic and Hindu temple architecture, Gaitore has cenotaphs of Sawai Ram Singh, Sawai Madho Singh and Maharaja Sawai Jai Singh II etc.



### **Statue Circle**

Located at a busy traffic junction, the Statue Circle in Jaipur city has been a central place through which almost half of the city's population passes daily. It is a popular hang-out spot in Jaipur and the most famous circle known in the Pink City. The lovely ambience of this famous circle offers a perfect place to enjoy the pleasant breeze of the evening air. One can relish rich local delicacies and spicy snacks served here.



### **Karauli**

Karauli, former capital of the erstwhile Karauli state (princely state), is a small town about 150 km from Jaipur, with 300 temples, hence regarded as one of the holiest cities of the state. The city was founded by Maharaja Arjun Dev Yadav in 1348 AD, is protected by a red sandstone wall constructed all around it. Karauli is famous for its pale red stones and monuments like the Kaila Devi temple and Madan Mohanji temple.



### **Sambhar**

Sambhar, 65 km from Jaipur, popularly known as the Salt Lake City, is also home to the largest saline lake in India. Excursions to the Sambhar city and the wildlife sanctuary from Jaipur are pretty frequent. One of the prime national parks in Jaipur, the Sambhar Wildlife Sanctuary is also a prime supporter of the Project Tiger is located here. The Salt Lake was owned by various rulers before it was leased to the British. The lake is also a major hub for the production of salt. Bird lovers are also in for a treat here as Sambhar is the best place for bird watching. The wildlife found at Sambhar Wildlife Sanctuary includes flamingos, storks, sandpipers and redshanks.



### **Samode**

Samode is a large town, known for the Samode haveli (palace), garden and fort. Tucked away in a corner of this town, the Samode Haveli, built almost 400 years ago, is surrounded by a sprawling hills. Close by are the fort of Sheogarh, another tourist hotspot and Samode garden that once served as a recreational ground for royalty. Samode is located 42 km away from Jaipur, approachable by air, rail or road.



### **Sanganer**

Sanganer is a small township about 16 km from Jaipur. Known for its famous handmade paper industry and textile printing industry, it is famous Jain pilgrimage as well. Other tourist attractions at Sanganer are the Jain temples - the most prominent one being the Shri Digambar Jain Temple, the paper and print industries, and the remnants of a bygone, regal era. The Jaipur Airport is also located in Sanganer.



### Ramgarh Lake

Known for its artificial lake measuring 15.5 sq km, Ramgarh was once a major source of water for Jaipur city. The place attracts thousands of tourists every year. During monsoons, the lake is flooded with water and presents the most alluring scenic beauty for visitors, especially the bird watchers as they get to see flocks of birds including migratory birds around this artificial lake. A Wildlife Sanctuary, Ramgarh also offers wildlife safaris for the tourists with polo grounds, Jamwa Mata temple, Old Fort, museum and hunting lodge.



### Sariska National Park

Sariska National Park is one of the most visited national parks in the Alwar district, located about 107 kilometers away from Jaipur. Spread over 800 sq km, it has two parts of deciduous forests, grasslands, rocky landscapes and steep cliffs. The sanctuary is home to a numerous wildlife species like leopards, Sambhar deer, hyenas, crocodiles, woodpeckers, boars, Indian tigers, peafowls and plethora of avian creatures and marsh animals. Sariska Park is ideal recluse for tourists seeking peace amid vast expanses of flora and fauna.



### Ranthambore National Park

One of the largest National Parks of India with 392 sq km area, Ranthambore National Park in Sawai Madhopur district is well known for its tiger population. Tigers are often seen during the day. Considered as a heritage site, it is flanked by two sanctuaries, Kaila Devi Sanctuary and the Mansingh Sanctuary. The park is also home to many species of plants, reptiles and birds and some of the largest banyan trees in India amidst several lakes within its premises.



### Temples in Jaipur

Numerous temples have given Jaipur the nickname, 'Chhoti Kashi' or 'Mini Kashi'. Some prominent temples in Jaipur are: Govind Dev Ji, Birla Temple, Shila Devi Temple, Galtaji, Jagat Shrimoni Temple and Shri Kali Temple. These temples echo the magnificence of the Rajput rulers who once governed the city of Jaipur. The splendid architecture of these temples is simply awe-inspiring and appreciated by people of all castes and races.



**Galtaji:** A pre-historic Hindu pilgrimage site, it is 10 km away from Jaipur. The temple complex encompasses natural fresh water springs and 7 holy 'kunds' or water tanks, the 'Galta Kund', is considered the holiest.



**Birla Temple:** Situated below the Moti Dungri Fort in Jaipur, it is dedicated to Lord Vishnu and Goddess Lakshmi, built in pure white marble.

**Govind Dev Ji Temple:** One of the most sacred and famous tourist destinations in India, it is located in the City Palace complex in Jaipur, with Lord Shri Krishna as the presiding deity.

**Moti Dungri Ganesh Temple:** Perched on a small hill, it was constructed by Seth Jai Ram Paliwal in the early 18th century, and continues to be one the most popular tourist destinations in Jaipur.



### Fairs & Festivals of Jaipur

Jaipur, popularly referred as the Pink City, is immensely famous for the numerous fairs and festivals all through the year. Irrespective of caste and creed, people come together and enjoy these festivals and fairs

**Gangaur Festival:** During this auspicious occasion, especially in Chaitra (March-April), Lord Shiva and Goddess Parvati or Gauri are worshipped by making clay idols of them. Married women pray for the well being, long life and welfare of their husbands and unmarried girls worship for a handsome and intelligent life partner.



**Teej Festival:** On this day, women and girls wear new clothes, jewellery and make designs on their palms and feet with mehndi (henna), gather in group in a temple, perform special puja and offer prasad to Goddess Parvati. Women pray for well being of their husbands and girls pray for their future husband. Women and girls perform folk dance, sing traditional teej songs and enjoy swinging.



**Kite Festival:** On 14th January, the festival of Makar Sakranti, kite competitions are held in Jaipur, the International Kite Festival held by the State Government goes on for three days; competitors from all over the world participate in this event.

**Elephant Festival:** This matchless annual event is organised on the full moon day of Phalgun Purnima (Feb-March) before Holi in Jaipur.

## Shopping In Jaipur

Jaipur is a shoppers' paradise. You find vast variety of handicrafts, jewelry, fabrics and carpets with traditional Rajasthani artwork. Textiles from this city are world famous; these include tie-dye and bandhej sarees, kurtas and dress materials.



### Handicrafts

The pink city Jaipur is hub of vibrant commercial handicrafts, colourful culture, invites skilled craftsmen and artisans from India, as well as, abroad. These include metal-works, woodworks, blue pottery, stone-carvings and leather ware. Tourists from all over the world, flock the bazaars and markets of this city to explore the decorative collection of handicrafts in Jaipur, especially at Amer Road, M.I. Road, Babu Bazaar and Jauhari Bazaar.



### Jaipur Carpets

There are numerous carpet centers in Jaipur and most of them undertake exports worldwide. 'Kishanpol Bazaar', 'Haldiyan Ka Rasta', 'Maniharon Ka Rasta', 'M.I. Road', 'Jauhari Bazaar', 'Babu Bazaar' and 'Nehru Bazaar' display a wide range of stunning and beautiful fabrics, carpets, metal works, handicrafts, etc. depicting rich culture and tradition of Rajasthan. No other place in India offers more exotic textiles than the ones found in Jaipur.

### Jaipur Jewellery

Lac jewellery is originally made using ancient techniques, passed down from generations in Jaipur by the local skilled craftsmen.

Jaipur's enthralling collection of beautifully textured metal jewellery fascinate the visitors.

Oxidized jewellery fashioned by expert craftsmen, are studded with exclusive mirror-work, and colourful beads. Oxidization of jewellery creates an antique look and a smoky appearance of the metal.

The silver jewellery of Jaipur comes in an ethnic style, and is studded with semi-precious stones of vibrant colours.

Thewa jewellery, a closely guarded, ancient secret for some families, is an exquisite art form that involves complex treatment and fusion of glass with precious metals like gold and silver.

### Jaipur Textiles

Jaipur handicrafts include cushion covers that come in a variety of eye-capturing designs; these include embroidered cushions, patch-work cushions, block-printed cushions and velvet cushions.

Variety of bags, fashioned in patchwork, mirror-work, antique-beads, brocade and embroidery are available at Jaipur.

Unique Indian quilts are made from top quality cloths, and are patterned with exceptional embroidery work. These quilts are light-weight, comfortable to touch, and provide cozy warmth to the user.

Bandhej, or Baandhini, is a type of tie-dye material, which is a very popular textile, among the many Jaipur handicrafts. Dots, waves, squares and strips are common designs in Bandhej. Natural and artificial colours are used in making these patterns which involve a lot of intricate knots post which the fabric is dyed. Hence the name, tie-n-dye.

### Jaipur Paintings

The Jaipur's miniature paintings made using natural colours derived from insects, minerals, vegetables, shells feature stunning Rajasthani women, Radha-Krishna, Rajput and Mughal kings. are just a few of the many artworks of Jaipur artists. These paintings retain the colours and do not fade away with time.

The handicrafts of Jaipur are always in high demand. These impressive ethnic styles and handicrafts are so enticing that tourists, from all over the world, come to visit this royal city. Discover the various kinds of fabulous art and handiworks of Jaipur, with these tips.

## TNAI Felicitates National Florence Nightingale Awardees

The 35 Nurse personnel having conferred National Florence Nightingale Nurses' Awards by the Hon'ble President of India, Shri Pranab Mukherjee in Rashtrapati Bhawan on 12 May 2016 were later felicitated by TNAI during the Dinner hosted by the MoHFW, Govt of India at Samrat Hotel, New Delhi.

Welcoming the awardees at this occasion, Mrs Anita Deodhar, President TNAI congratulated the awardees for the distinguished services rendered by them while Mrs Evelyn P Kannan, Secretary-General TNAI oriented the participants and others on how TNAI has been contributing towards the professional growth of Nurses at national level. Dr Josephine Littleflower, Nursing Adviser to Govt of India and Mrs Rathi Balachandran, ADG (Nsg), MoHFW also complimented the award winning nursing personnel. Others from TNAI appreciating the exemplary contribution of awardees were Mrs Surekha Sama, Vice President TNAI North Region, Ms SA Samuel, former President TNAI, Mr Ajinas AM, Assistant-Secretary General TNAI. Vote of thanks was proposed by Mrs Sanghamitra Sawant, Assistant-Secretary General, TNAI.



## Workshop on Nursing Administration & Supervision for Effective and Efficient Patient Care

**August 29 - September 02, 2016**

TNAI is organising a National Workshop on "Nursing Administration and Supervision for Effective and Efficient Patient Care" during 29 August - 02 September 2016 at TNAI's Central Institute of Nursing Education & Research and Elderly Care Home (CIN&R and ECH), Plot No. 37 and 37/1, Knowledge Park III, Greater NOIDA-201308 (UP), Email: [tnai.cin.ech@gmail.com](mailto:tnai.cin.ech@gmail.com), Mrs Sangamitra Sawant, Assistant Secretary-General, Ph: 09971453721.

The overall purpose of the workshop is to update and strengthen the managerial skills of nurse professionals working at various levels to enable them to render efficient and effective nursing care.

Request for registration will be considered on a first-cum-first serve basis as there are only limited seats (40). All costs for attending the workshop will be borne by the sponsoring authorities (Institutions/ Governments) or by concerned individuals as the case may be.

### Participation fee:

- |   |            |
|---|------------|
| 1. Registration fee for all participants                  | Rs. 5000/- |
| 2. Boarding & Lodging charges for outstation participants | Rs. 5500/- |
| 3. Lunch and refreshments for local participants          | Rs. 1500/- |

The fee, in the form of demand draft in favour of "The Trained Nurses' Association of India" and payable at New Delhi should be enclosed with the Application.

Kindly note that in case of any cancellation, an amount of Rs. 5000/- (being the registration fee) will not be refunded. Outstation cheques will NOT be accepted.

Send a mail to [tnai.in.ech@gmail.com](mailto:tnai.in.ech@gmail.com), Mrs Sanghamitra Sawant, Assistant Secretary-General, Ph: 09971453721 to get your registration form (or) the registration form can be downloaded from the TNAI website ([www.tnaionline.org](http://www.tnaionline.org)). Last date for receiving duly filled-in form is **16 August 2016**.

**Credit Hours: TNAI will award 40 credit hours for participation in the 5 days workshop.**

**Note: Confirmation of seat will be done only after receiving the payment.**

Mrs Evelyn P Kannan  
Secretary General & Director CEP, TNAI



## घर परिवार ही नहीं, देश के लिए भी अहम है किशोरियों का स्वास्थ्य

किशोरियों का सीधा अर्थ है भविष्य की माताएं, जिन पर भावी पीढ़ियों की परवरिश, शिक्षा—दीक्षा और बड़ा होने पर देश—समाज के लिए उपयोगी बनाने का प्रमुख जिम्मा होता है। इसके लिए जरूरी है कि वे तन—मन से स्वस्थ रहें। इस अहम जिम्मेदारी का निर्वाह तभी भली भांति होगा जब किशोरावस्था में ही सुदृढ़ नींव डाल दी जाए।

किशोरियों के स्वास्थ्य के संदर्भ में प्रजनन संबंधी शिक्षा और व्यवहार का मुद्दा महत्वपूर्ण है। बालक—प्रधान भारतीय समाज में परिपाटी रही है कि लड़कों को तो खानपान, खेलकूद, आराम आदि की तमाम सुविधाओं प्रदान कर दी जाएं किंतु लड़कियों को यह सब तभी उपलब्ध कराया जाता है जब कुछ बच जाए, यहां तक कि लड़कियों के दिमाग में भी यह बैठा दिया जाता है कि उन्हें भाइयों की बेहतरी का खास खयाल रखना है। परिणाम यह हुआ कि किशोरियां, जिन्हें खासकर स्वस्थ, हृष्टपुष्ट रखा जाना आवश्यक था, उनके साथ दोयम दर्जे का व्यवहार होता रहा। ऐसे परिप्रेक्ष्य में देश में जन जन तक किशोरियों की बेहतरी के लिए प्रधान मंत्री नरेंद्र मोदी ने बेटे पढ़ाओ, बेटे बचाओ अभियान की मुहिम चलाई है जिसके सुफल दिखने लगे हैं। धारणा यह है कि किशोरियों के सशक्तीकरण के लिए शिक्षा सर्वाधिक प्रभावशाली साधन है। संयुक्त राष्ट्र की गवर्निंग कौंसिल ने इस वर्ष के विश्व जनसंख्या दिवस (11 जुलाई) के थीम “किशोरियों में निवेश” की अधिघोषणा से न केवल किशोरियों की अहम भूमिका को समर्थन मिला है बल्कि उनकी बेहतरी के प्रति प्रतिबद्धता जाहिर की है।

विकास क्रम में किशोरियां को कुछ अलहदा, चुनौतीपूर्ण परिस्थितियों से गुजरती हैं। अनेक समुदायों में तो उन्हें विवाहयोग्य समझते हुए वर की तलाश शुरू हो जाती है तो कुछ समाजों में उनकी पढ़ाई छुड़ा दी जाती है। ऐसे में किशोरियां न केवल शिक्षा से वंचित रह जाती हैं वरन् अपने अधिकार नहीं जानतीं और प्रजनन प्रक्रिया सहित स्वास्थ्य तथा अन्य बुनियादी ज्ञान से अछूती रहती हैं। नतीजन उनका विकास अवरुद्ध हो जाता है।

आवश्यकता इस बात की है किशोरियों को उनके प्रजनन संबंधी अधिकारों की संपूर्ण जानकारी दी जाए। तभी वे सन्तानोत्पत्ति के मामले में स्वयं का हित देखते हुए स्वतंत्र निर्णय लेने में सक्षम होंगी और सही मायने में समाज और देश के विकास में सहायक होंगी।

— प्रकाशन एकक, टी.एन.ए.आई

### TNAI BULLETIN

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