

THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN**VOL. 7 No. 11****NOVEMBER 2018****Picturesque Beaches of Goa Beacon TNAI Members**

I believe, most of you shall be busy in your preparations related to your proactive and meaningful participation in various events of the XXVII TNAI Biennial Conference in Goa during 11-16 December 2018. Simultaneously, the TNAI Elections for the offices of President, Vice Presidents, Honorary Treasurer, Hony. Secretary Health Visitors' League (HVL), and Hony. Secretary Midwives & Auxiliary Nurse Midwives (M&ANMA) shall also be conducted. Profiles of contestants have been given in this issue (pp 162-66).

Kindly ensure that the voters should have the TNAI Photo Life Membership Card with you at the time of casting vote. We request you to submit Purse money in a sealed cover with the name, address, phone number, email id and amount mentioned on the envelope. Above all, remember that your participation in the various events of the Conference shall be meaningful and enriching to the degree of your involvement.

We are pleased to inform you that TNAI had conducted direct recruitment to Oxford University Hospital under NHS Trust UK on 8-9 October in New Delhi. Delegates from Oxford University Hospital conducted the interview; out of 65 candidates from various states, 57 of them received the offer. After completing NMC formalities, they may get employment in UK.

Health Events of the month: Three events of interest to nurses in November are: World Diabetes Day on 14, New Born Week during 15-21, and Anti-Obesity Day on 26. The 2018 theme of World Diabetes Day (organised by International Diabetes Federation) is, Family and Diabetes underscoring that family has an important role in management, care, prevention and education of diabetes. Since about half of those with diabetes remain undiagnosed, half of the people with diabetes have no access to diabetes education programmes and by 2030 the number of people with diabetes shall swell to 522 million, it is the leading cause of heart disease, stroke, blindness, kidney failure and lower limb amputation, any diabetes reduction strategy has to be education-focussed. We as nurses can play a vital role in preventing this disease.

Newborn Week aims to raise awareness about the importance of the newborn care for child survival and development. The crucial period of first 28 days of life (neonatal period) has the highest risk of deaths; each year 2.6 million babies die in this duration. Despite Neonatal Mortality Rate (NMR) having declined from 44 per 1000 live births in 2000 to 28 in 2013, the goal of reducing under-five mortality to 20 or less per 1000 live births by 2035 can only be attained with specific plans to reduce newborn mortality. Let us strive together to achieve this goal.

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(Evelyn P Kannan)

Chief Editor & Secretary General, TNAI

TNAI Elections 2018: Profile of Contestants

FOR PRESIDENT

Prof (Dr) Roy K George: Administrative Director & Principal, Baby Memorial College of Nursing, Kerala. BSc (Nsg) - Govt College of Nsg (1988), MSc (Nsg) - NIMHANS Bangalore (1992), PhD - MG University, Kottayam (2010). Besides initial experience in CMC Vellore, Manipal College of Nursing, School of Medical Education Kottayam, etc. he was (a) Regional Director of School of Medical Education (under MG University) and (b) Director of Nursing, MGDM Hospital & Principal, Theophilus College of Nursing (both in Kottayam). Attended numerous national and international conferences in nursing as resource person/ delegate; involved in dementia research, member of 10/66 dementia international research group; has 30 papers published in national/ international journals, authored 2 books on nursing; founder publisher & editor of Kerala Nursing Forum PhD guide and adjudicator in many universities; was controller of entrance examinations for admission to private nursing colleges of Kerala (2004-08). Professional activities: contributed towards developing an emblem for nurses in India, popularised nurses' emblem in complimentary items; as President, TNAI Kerala state branch; mobilised nurses and students, placing Kerala atop in implementation of new pay scales for nurses. Helped establishment of TNAI unit in Lakshadweep; enrolled 100-200 members annually for many years.



Dr (Mrs) Bimla Kapoor: Advisory Consultant- Nursing & Allied Health Sciences. She has rich and varied experience in academics and administration. She held many enviable positions, as Director, Health Sciences at IGNOU, first nurse to hold this position, nursing programmes through distance mode were launched in her guidance; represented India at WHO, Thailand; NHS Fellowship in London; presented papers at many Indian and foreign universities- Oshkosh, University of Wisconsin USA, All Asian Open Universities conference Hong Kong, Higher Technical College Abu Dhabi, and Dubai, Tribhuvan University Nepal, Commonwealth of Learning South Africa, etc. She was instrumental in establishing Delhi Nursing Council of which she was first President; published book, *Psychiatric Nursing*. Recipient of President's Gold Medal for Masters in Nursing, Delhi University; TK Adranvala prize for research. Awarded by Nehru Foundation for Excellence; honoured with WHO Fellowship as a country representative to Bangkok; awarded NHS 50th Anniversary Fellowship by the British Council at UK; inducted as member of Sigma Theta Tau International Honors Society of Nursing; conferred with honorary appointment to the Research Board of Advisors, USA; was conferred Centenary award by TNAI for contribution to nursing education and research. She has been 1st Vice President TNAI as well as President, Delhi State TNAI Branch.



Miss Surekha Sama: Senior Lecturer, Ahilyabai College of Nursing, Lok Nayak Hospital, New Delhi (under Govt of NCT, Delhi). Earlier worked as I/c Skill Development Cell, GNCTD. Was topper & gold medalist in MSc (N) (1984-86) at RAK College of Nursing; M Phil (Nursing), University of Delhi (1988); Secretary, Indian Nursing Council (2012 to 2015); instrumental in establishing Delhi Nursing Council State Regulatory Authority and served as its first Registrar (2003-2008). Initially served as staff nurse, later took to teaching diploma and UG nursing students of Delhi University; associated with TNAI since 1980 and permanent membership since 1989. Actively participated in planning & executing continuing nursing education programmes at Hqrs (1992-2000) & played major role in preparing memorandum for the 6th CPC on behalf of Nurses of India in 2005. After being elected as Hony Treasurer, had another term as Vice President (North Region); coordinator for *Fundamentals of Nursing: A Procedure Manual*.



FOR VICE PRESIDENT - NORTH REGION

Mrs Annie Kumar: Worked as Senior Faculty, LHMC College of Nursing, Lady Hardinge Medical College & Hospital, New Delhi. Qualifications: RN RM, MSc in Nursing from University of Delhi. Professional Membership: Life Member of TNAI. Former President, TNAI Delhi State Branch. Participated in major activities and events of TNAI Hqrs. Helped in fund-raising for TNAI's CIN/ ECH, in Greater Noida. Collected and donated Rs. 5 lakh as Delhi State Branch TNAI Officials; actively participated in activities of Centenary celebrations of TNAI in 2008. She was elected Vice President of Delhi Nursing Council.



FOR VICE PRESIDENT- NORTH EAST REGION

Mrs J Fallynda Balieh: Serving as Nursing Superintendent and part time Deputy Registrar, Meghalaya Nursing Council. After qualifying GNM in 1984, joined government service as Staff Nurse in 1985, worked there for over 10 years, mostly in OT. Passed Post-Basic BSc (Nsg) from Regional Nursing College (1994); promoted as Community Officer in 1995; served as Clinical Instructor. Passed MSc in 2004 from SNDT University Mumbai; elected as President TNAI Meghalaya State Branch, again second time in 2007. Promoted to the post of Nursing Suptdt in 2016; contributed to her hospital win the Kayakalp Award.



Mrs C Susan Dkhar Tada: BSc, RN RM - CMC, Vellore (Madras University); MSc CP (MLC University Shillong). Founder Chairperson of (a) New Life Foundation (in 2005), Ziro (Ar P) and (b) Mount Aghee Integrated School, Ziro (in 2006); Founder President, TNAI AP State Branch (12 May 2005); Founder Area Director, Special Olympics Bharat (2007) and Ar P Chapter (2007). Served as Tutor at (a) School of Nursing, CSI Hospital, Bangalore and (b) ANM School, HTRC Hospital, Pasighat; Tutor I/C, District Hospital, Bomdila; Tutor / Asst Matron, District Hospital, Ziro; First DDHS(N) Nursing Cell, D'te of Health Services, Ar P; 1st Secy-cum-Registrar, AP Nursing Council. Recipient of (i) Proficiency Prize-College of Nursing, CMC, Vellore (1974); Sarojini Khosla Nightingale Award New Delhi (1997); Governor's Commendation Certificate, AP (1999); Nurses National Award, New Delhi (2007); Centenary Award, TNAI, Mumbai (2008).



FOR VICE PRESIDENT- EAST REGION

Mrs Reena Bose: Honorary Nursing Advisor, Sister Florence College of Nursing, Kolkata. BSc (N) and MSc (N) from RAK College of Nursing, New Delhi; Diploma in Health Education- All India Institute of Hygiene & Public Health Kolkata; Community Health Nursing Administration & Education programme WHO Fellowship at Canada and USA; (a) Primary Health Care study, in Singapore and (b) Research study at Maldives undertaken with Commonwealth Foundation Fellowship. She was Staff Nurse; Sister Tutor; Principal Nursing Officer; Public Health Nurse; Deputy to Asst Director (Health Services); Deputy Director- Health Services WB; Training Officer- World Bank-sponsored India Population Project IV; Secretary of Nurses League of CMAI; Nursing Coordinator- Snodical Board of Health Services, Church of North India; (Founder) Principal, Sister Florence College of Nursing, Kolkata. Professional achievements: President, Commonwealth Nurses Federation (2000-04) (1st Asian to hold this post); President, INC (1989-92); TNAI Vice President (1996-2000); President, Treasurer, TNAI WB Branch; Chairperson- International Women's Conference (organised by McMaster University Canada & TNAI); consultant to British Council for planning and re-organising nursing services in Orissa; organised Unicef-sponsored training for Child Care in Flood-affected Districts of WB; revised WHO-sponsored Syllabus of ANM course; appointed by WHO to prepare syllabus & modules of Skilled Birth Attendants; represented INC at Tokyo and Seoul for amending Nursing Council Acts. Honours: President's Gold Medal for MSc (N) for highest marks in Delhi University (1983); Florence Nightingale National Nurses Award (2007).



FOR VICE PRESIDENT- WEST REGION

Dr Sunita Lawrence: Professor-cum-Principal, Pragyan College of Nursing, Bhopal MP). BSc (N), MA Sociology. Rich teaching & administrative experience in government and private sectors as Tutor, Director-cum-HOD in MP Bhoj University; also worked with MP State UNICEF. Contribution to academics: author, writer of course materials; publishes two nursing journals; developed 6 video programmes, 5 audio programmes and 11 SIMs for nurses; published 39 papers in national and international journals; presented over 30 papers at state, national and international level including CNMF London; participated in (a) SIDA Maternity Exchange programme in Sweden and (b) WHO Conference of SEAR in Kathmandu; member of board of studies in various universities. Active participant in TNAI activity as EC member and other programmes, President TNAI MP State branch since 2008; instituted Lifetime Achievement Award for Nurses and Midwives in MP; launched own website of MP, publishes Nurses Calendar since 2010. Receiving St Stephanie Memorial Shield continuously since 2012 for largest number of CNE across MP. Honours: Best Nurse Arunachalam Award (1997); Bhartiya Shiksha Ratna Award (2007); Research Fellowship Award ((2010); Best Principal Award (2011); Dainik Bhaskar Women Award (2010).



Mrs Swapna S. Joshi: Nursing Superintendent & Professor-cum-Nursing Superintendent, Tata Memorial Hospital, Mumbai. After completing GNM (1976-79 from LTMG Hospital, she was Staff Nurse (1979-1990), Sister Tutor (1990-2009) there. MSc Nursing (1995-97) from SNDT Women's University with Paediatric speciality. From 2009, she is in Tata Memorial Hospital; in 2011, with additional charge of Professor-cum-Nursing Superintendent at Tata Memorial College of Nursing, Mumbai. Honours conferred: Florence Nightingale National Award 2017; Mayor Award 1980, for Best Nurse; Dorabji Tata Scholarship during BSc (N); Hargobind Foundation Scholarship, 1989; TNAI Scholarship 1996-97. Professional associations: Life Member TNAI; Oncology Nurses Association of India (also on its Advisory Board); Association of Operating Room Nurses (also on its Advisory Board). At TNAI Maharashtra Branch level, she has been Joint Secretary (2000-04), SNA Advisor (2004-09), Secretary (2009-13) and President 2014 onwards. Organised workshops, conferences and training programmes at local, state, national and international levels. Recipient of 'My Child Matters' award, a project to train nurses in paediatric oncology nursing, 2015-16 onwards.



Mrs Nilima P. Rane: RN RM, BSc (Nursing) from IGNOU. Undertook Diabetic Foot Research Study (TOT) in Germany. Nominated Member on Goa Nursing Council. Organised National TNAI Biennial Conference 2001 in Goa. Honours conferred: National Florence Nightingale Award, 2008; Centenary award by TNAI, 2008; Certificate of Appreciation & Cash Award for enrolling Life Members of TNAI. Others-Bharat Jyoti award by India International Friendship Society; Shri Samman by Akhil Gomantak Kshatriya Maratha Samaj and Art & Culture, Women & Child Welfare; Best Performer in Social Service. Undertook legal efforts to secure justice to nurses; framing Bye laws and Constitution of TNAI Goa branch. Attended various seminars, workshops and refresher courses at different levels. Life Member: TNAI; Dementia Society of Goa; Goa Government Employees' Association.



FOR VICE PRESIDENT- SOUTH REGION

Dr Jaeny Kemp: Principal, Institute of Nursing, G Kuppuswamy Naidu Memorial Hospital, Coimbatore (TN). BSc (N) (1987-91), MSc (Community Nursing) (1996-98), both from College of Nursing, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore; PhD in Nursing from Annamalai University, Chidambaram. Starting with Staff Nurse in Madras Medical Mission, worked as Ward Sister,

Assistant Lecturer, Asst Professor, Reader and Principal in various nursing institutions (Balaji College of Nursing, RVS College of Nursing, KG College of Nursing). Achievements: Served as resource faculty at 4th National Midwifery Congress at Kuala Lumpur, Malaysia (May 2011); presented several scientific papers at international, national and state-level conferences; participated in various professional conferences and workshops; served as examiner for Dr MGR Medical University, Rajiv Gandhi University Karnataka and Annamalai University Chidambaram. Professional activities: elected as Unit/ State SNA Advisor, TN Branch, 1996-2003; President TNAI TN Branch, 2007-11. Elected for 2nd term as President in 2011. Honours conferred: Best Student Nurses Award, 1991; Best Outgoing PG Nurse Researcher (1998); Best Nursing Leadership Award- 2011 by *Education Today* (Tamil monthly); First Prize for Innovative Community Bag- 2011 by Annai JKK Sampoorani Ammal College of Nursing, Kormarapalayam; Ten articles published in national and international journals. Has been a resource faculty for nursing and non-nursing in varied subjects.



FOR HONORARY TREASURER

Mrs Pritpal Kaur Bamra (RN RM): Consultant, Sushila School of Nursing since March 2018. BSc Nursing- AIIMS, New Delhi (1993); GNM- Punjab Nursing Council (1969); MA (Psychology)- Annamalai University, Chennai (2001); Diploma in Pub Health NSG- Lady Reading Health School, New Delhi (1989); Dip in Hosp Admin- Institute of Soc Sci & Res, Vellore (1995); Dip in Preventive & Promotive Health Care- Apollo Hospital Edu Res Foundation, Hyderabad (2003); Dip in Guidance & Counselling- Annamalai University. Experience: Staff Nurse and Ward Sister in Dr RML Hospital; long teaching experiences in Dr RML Hospital School of Nursing & Salokaya College of Nursing, Sushila School of Nursing. Elected executive for Delhi Nursing Council for 6 years. Professional Activities: Unit SNA Advisor for 5 years; TNAI, Delhi State Branch SNA Advisor for one term; Treasure, TNAI Delhi State Branch for two terms. Attended three International and many national workshops/ conferences; Ad-hoc Inspector to INC on many occasions; Evaluation job for Delhi Nursing Council; Jamia Hamdard University; CBSE for Vocational Course of ANM; worked as Examiner Coordinator for DNC. Life Member TNAI; Nursing Research Society of India; Indian Board of Alternative Medicines; Society of Midwives (India); NNF; and Sigma Theta International. Achievements: Best Nurse award- 2007-08 in RML Hospital; Enrolled TNAI membership of 100% student (of SNA-TNAI) for 25 years; donated Rs. 5 lakh to TNAI while Treasurer, TNAI Delhi Branch; Donated Rs one lakh to TNAI in personal capacity.



Mr Rathish Nair: Currently working as Secretary, Indian Nursing Council, New Delhi. B.Sc. Nursing from the Tamil Nadu Dr MGR Medical University, Chennai; MSc Nursing from RAK College of Nursing (University of Delhi). Has been Commonwealth Professional Fellow (Liverpool, UK), Teaching faculty for more than 15 years. An active member of TNAI he held the office of President TNAI, (1) Bihar State Branch and (2) Haryana State Branch.



Mr Ghewar Chand: Asst Nursing Superintendent, Northern Railway Central Hospital, New Delhi. GNM- MG Hospital Jodhpur (2014); BA History Hons; MA History; BSc (N) PB (2016); Dip in Human Rights; PGD HRL- SLSIU, Bangalore; MBA-HR NMIMS, Mumbai; Masters in History and Human Resource. Served as Staff Nurse in Medical Surgical General Wards. Honours conferred: Awarded twice by Medical Director for best work; established ARNI for various issues of railway nurses.



FOR HONORARY SECRETARY, HEALTH VISITORS LEAGUE (HVL)

Ms R Vetrichselvi: Working as Senior Health Visitor, National Institute for Research in Tuberculosis (NIRT), Chennai. Qualifications: DHV (Diploma in Health Visitor); MA Sociology; PG Diploma in Hospital MGT; MSc (Medical Sociology); MBA (Hospital Management). Experience: Worked as a Health Visitor from 1994 to 2001 at Chennai Corporation, now working as Senior Technical Officer (Senior Health Visitor) at NIRT, Chennai.



Prof (Dr) Srinivasan Gandhi: Currently Professor-cum-Principal, Tripura Sundari College of Nursing, Agartala (Tripura). MSc (N) from CMC Vellore; PhD (Nursing)-IGNOU. Academic achievements: Started his career as Asst Professor; teaches UG and PG Nursing students, guides research scholars; presented 25 papers in national and international journals; visited and presented papers in national and international professional conferences including those in Oman, Hogkong and Australia; authored a book, '*Will Power and Win Power*'. Acquired numerous awards for innovation in education. Office bearer in NSS and editorial board member in many national and international journals; examiner for various Nursing courses in India.



FOR HONORARY SECRETARY, MIDWIVES & AUXILIARY NURSE MIDWIVES' ASSOCIATION (M & ANMA)

Mrs Shanti Lakra: Diploma in ANM/MPHW- ANM Training School, Port Blair (A&N). Experience: served as ANM in D'te of Health Services A&N in Dugong Creek, the remote dense forest habitat of the Negrito primitive tribe Ongees. During the devastating Tsunami of 2004, when tribals lost everything she demonstrated extraordinary courage to rehabilitate them in safer place and provided medical and psychological care, and was conferred National Florence Nightingale Award 2010, the Best Health Worker Award 2010 by Catholic Health Association of Andaman & Nicobar Islands and the prestigious Padmashree Award by Hon'ble President of India in 2011. Had been Vice President, SNA State Branch Port Blair; Vice President TNAI A&N Branch; General Secretary TNAI (unanimously) A&N branch; nominated member, INC and Member of Nursing Education Committee.



Mrs Nasreen Ahmed: Currently Principal at Sushila School of Nursing, New Delhi. Qualification: GNM, DNEA, BSc- IGNOU. Professional Experience: Staff Nurse, Kasturba Hospital for 18 years (in clinical field); Nursing Tutor, Kasturba Hospital, HRH; Salokaya School of Nursing & Sushila School of Nursing; Vice Principal, Kasturba Hospital, Salokaya School of Nursing & Sushila School of Nursing; Principal, Kasturba Hospital, Hindu Rao Hospital. Professional Activities: SNA School Unit Advisor for six years; Vice President, TNAI Delhi State Branch for four years); representative of ANM/LHV TNAI Delhi Branch for five years.



Mrs Kamlesh Tiwari: Currently working as Principal in SKSH School of Nursing, Shahbad. GNM training from School of Nursing Civil Hospital, Karnal (1969-72). Diploma in Public Health Nurse from All India Institute and Public Health, Kolkata (1979); BSc (Nsg) - IGNOU (2006). Experience: worked as a staff nurse in Civil Hospital Karnal (1972-79); PHN tutor in School of Nursing General Hospital, Bhiwani (1980-83); PHN Tutor in MPHWS (F) Training School, Ambala (1983-2009). Professional activities: Served as Secretary (2008-12) and Treasurer (2012-16) respectively of the TNAI Haryana State Branch.



TNAI ELECTIONS 2018

Venue: Institute of Nursing Education Bambolim, Goa

PROVISIONAL BALLOT PAPER

Elections for the office of the President, Vice Presidents (Region wise) Hony. Treasurer, TNAI, Hony. Secretary, HVL and Hony. Secretary, M & ANMA, TNAI

Office	Name and address of Contestants	Voter's X
President, TNAI	<ol style="list-style-type: none"> 1. Dr. Roy K George, MSc (N), PhD - 34621LM Principal, Baby Memorial College of Nursing; Academic Coordinator - Nursing & Paramedical Studies, Baby Memorial Hospital, Kozhikode - 673016, Kerala. 2. Prof. (Dr) Bimla Kapoor, 5057-LM Advisory Consultant - Nursing & Allied Health Sciences; Fmr. Director & Professor School of Health Sciences, IGNOU Flat No. 22, Kala Vihar Co-op Group Housing Society Ltd., Phase-I, Extn. II. Mayur Vihar, Delhi-110091. 3. Ms. Surekha Sama, 34387-LM Senior Lecturer, House No. 75, Sector-16-A, Faridabad, Haryana-121002 	
Vice President TNAI - North Region	Mrs. Annie Kumar, 123673-LM Kailash Apartments, B-9 Sector-4, Plot No. 2, Dwarka, New Delhi-110075	
Vice President TNAI - North East Region	<ol style="list-style-type: none"> 1. Mrs. Fallynda Balieh J., 32010-LM Nursing Superintendent, Ganesh Das Hospital & Part time Deputy Registrar in Meghalaya Nursing Council, Shillong-793001, Meghalaya. 2. Mrs CS Tada, 8548-LM C/O Dr Bamin Tada, Cheryl Cottage, Mount Aghee, Hapoli, PO Ziro 791120, Arunachal Pradesh. 	
Vice President TNAI - East Region	Mrs Reena Bose, 19056-LM P-512, Basudev Pur Road, Sarsuna, Kolkata-700061, West Bengal.	
Vice President TNAI - West Region	<ol style="list-style-type: none"> 1. Dr Sunita Lawrence, 34333-LM Principal, Pragyan College of Nursing, 04 Shree Homes, Behind Chinar Wood Land, Chunnabhatti, Kolar Road, Bhopal-462016, Madhya Pradesh 2. Mrs Swapna S Joshi, 25116-LM Shivam D-11, TMC Mandala Staff Quarters, Sion, Trombay Road, Mandala, Maharashtra. 3. Mrs Nilima P Rane, 29734-LM Block B-402, 4th floor, Grandeza Glenwood Garden, Goa. 	

Vice President TNAI - South Region	Mrs Jaeny Kemp, 46647-LM Site No. 18, Poompuhar Nagar, Vinayakar Koil Street, Nalvar Layout, Tamil Nadu	
Hony. Treasurer, TNAI	1. Mrs Pritpal Kaur Bamra, 20463-LM B-16, Saraswati Garden, New Delhi-110015. 2. Mr Rathish Nair, 102575-LM Secretary, Indian Nursing Council, 8th Floor , NBCC Center, Plot No. 2, Community Center, Okhla Phase-I, New Delhi, Delhi 110020. 3. Mr Ghewar Chand, 254898-LM General Secretary, Railway Nurses of India (ARNI); Chief Matron, Northern Railway, Central Hospital, New Delhi	
Hony. Secretary, Health Visitors' League(HVL)	1. Ms R Vetrichselvi, -207709-LHV C/o Mr. Kumaran T, Tuberculosis Research Centre, Mayor Ramanathan Salai, Tamil Nadu-600031 2. Prof. Dr. Srinivasan Gandhi, 121806-LM Prof.-cum Principal, Tripurasundari College of Nursing, Tulakuna, East Champamura, Tripura West, Tripura-799008.	
Hony. Secretary, Midwives and Auxiliary Nurse Midwives' Association (M&ANMA)	1. Mrs Shanti Lakra 6166-LMM Tribal Health Section, Directorate of Health Services, Port Blair, Andaman Nicobar-744101. 2. Mrs Nasreen Ahmed, -2199-LM Principal, Sushila School of Nursing, Gali No. 9, Gautam Colony, Opp. Shiv Mandir, Safiabab Road, Narela, Delhi -110014 3. Mrs Kamlesh Tiwari, -1638-LM # 5 Basant Vihar, Ambala City, Haryana-134003.	

General Information

The TNAI Elections 2018 will be held on December 13, 2018 (9.00am – 3.00pm) during the House of Delegates meeting at **Institute of Nursing Education Bambolim, Goa**

1. This Provisional Ballot Papers are published for information of the members. Separate final Ballot Paper shall be provided on the day of Election.
2. For the office of the President, TNAI, names of those candidates who fulfilled eligibility criteria, viz. having served as elected member on the TNAI Council for at least 8 years (two terms of four years each), deposited security money and gave written consent for contesting the election were received (as published in August issue of 2018 of the TNAI Bulletin, have been included in the above Provisional Ballot Paper.
3. For the office of the Vice President, TNAI, names of those candidates are included who fulfilled eligibility criteria, viz., served as elected member of the TNAI Council for at least four years (one term). Nomination(s) received with security money and gave written consent for contesting the election (as published in August issue of 2018 of the TNAI Bulletin) have been included in the above Provisional Ballot Paper.
4. For the office of Hony. Treasurer, TNAI, Hony. Secretary, HVL and Hony. Secretary, M&ANMA, names of those nominees who received three highest nominations are included in the Provisional Ballot Paper.
5. Any contesting candidate whose name has appeared in the Provisional list of contestants may, by giving in writing to the Returning Officer, can withdraw from the contest at least 20 days before the conduct of election.

The last date for withdrawal of names by the contestants from the Ballot Paper is November 23, 2018. The name of such a candidate shall be deleted from the Ballot Paper. No addition of the contestant shall be made to the Ballot paper.

6. All communication with regard to withdrawal should be sent in writing to the Returning Officer, TNAI Elections 2018 at the address given below positively by the above mentioned date.
7. On the day of the election each eligible nominee shall give the name of a representative in writing on his/her behalf who shall be present at the time of the election and counting of votes.
8. The Election shall be carried out by secret ballot at the meeting of House of Delegates.

Eligible Voters

- a) The eligible voters shall be members of House of Delegates and their one vote will be counted as 500.
- b) Other eligible voters are EC and Council members and the contestants. Their vote will be counted as one.
- c) The Branch shall submit the list of eligible voters with their addresses and TNAI numbers two months before the election. The list of voters could be made available to the contestants from election committee.
- d) The list shall also include an equal number of additional names of eligible voters to replace the House of Delegates in case of dropouts.
- e) The Voters' List shall be prepared by the TNAI Headquarters, State-wise, which shall be available at the entrance of the Election Hall with each Polling Officer.
- f) The eligible voters are requested to bring the TNAI Life Membership computerized card (with photo) issued by the TNAI Headquarters. **Member who do not have TNAI Photo Life membership' card are requested to obtain a card by writing to the TNAI Headquarters at the earliest.**

Voting Procedure

- a) No canvassing shall be permitted on the day of election. On the day of election, no person other than the voters shall be permitted within the area of the polling booth.
- b) The voters shall queue up at the polling counters and shall indicate their names and show their membership cards to the polling officers before entering the hall. Polling officers shall check the names and membership numbers of the eligible voters from the voters' list and score off the names of voters in red ink. The voter shall also sign against her/his name in the eligible voters' list before entering the Election Hall.
- c) The voters shall then enter the Election Hall to get the identity mark on their left hand forefinger, with indelible ink, and receive the ballot paper.
- d) Separate ballot papers in different colours shall be issued for each office.
- e) Ballot papers shall be printed with counter-foils which will bear no identity of the voters except that they will have the same serial number.
- f) The empty ballot boxes shall be inspected by the polling officers, tellers, supervisors and representatives of the contestants. The boxes shall then be locked and sealed before placing these in different polling booths.

Election Results

Immediately after the polling is over, the Ballot Boxes shall be opened by the Returning Officer, in the presence of the polling officers, tellers, supervisors and representatives of contestants and ballot papers shall be counted.

Election Results will be declared on the same day.

Mrs O.K. Kathuria
Returning Officer, TNAI Elections: 2018
L-17, Florence Nightingale Lane,
Green Park, New Delhi-110016.

THE TRAINED NURSES' ASSOCIATION OF INDIA

XXVII TNAI BIENNIAL (76th) CONFERENCE

CONFERENCE PROGRAMME (TENTATIVE)

Venue: Dr. Shyama Prasad Mukherjee Stadium, Dona Paula, Goa

Theme: "Nursing on a Global Scale: Tomorrow Belongs to us"

Pre-Conference meetings December 11–13 & Conference: 14–15 December 2018

<p>Pre-Conference Programme: (December 11–13, 2018)</p> <p>Day 1: 11 Dec, 2018 (Tuesday) 9.00 am – 5.00pm</p>	<p>Combined TNAI EC / Council Meeting</p>	<p>Institute of Nursing Education, Bambolim, Goa</p>
<p>Day 2: 12 Dec, 2018 (Wednesday) 8.30 am – 11.00 am</p> <p>11.00 am – 5.00 pm</p> <p>1.30 pm – 2.30 pm</p> <p>2.30 pm – 5.00 pm</p> <p>6.00 pm</p> <p>7.00 pm</p>	<p>– SNA General Committee Meeting – TNAI Orientation for Council Members, – ANM Meeting (simultaneously)</p> <p>TNAI EC / Council Meeting to continue</p> <p>Lunch</p> <p>TNAI EC / Council Meeting to continue</p> <p>Press Conference</p> <p>TNAI AT HOME</p>	<p>Venue: Institute of Nursing Education, Bambolim, Goa</p>
<p>Day 3: 13 Dec, 2018 (Thursday)</p> <p>8.30 am – 9.00 am</p> <p>9.00 am – 9.30 am</p> <p>9.30 am – 10.00 am</p> <p>10.00 am – 3.00 pm</p>	<p>HOUSE OF DELEGATES MEETING</p> <p>Registration / Roll Call</p> <p>Business Session - I</p> <p>Introduction to HOD</p> <p>Introduction - Election Process</p> <p>TNAI Election 2018</p> <p>Display of Scientific Posters (Simultaneously)</p>	<p>Venue: Institute of Nursing Education, Bambolim, Goa</p> <p>TNAI HQ staff</p> <p>Mrs Evelyn P Kannan, Secretary- General, TNAI</p> <p>Mrs OK Kathuria, Returning Officer, TNAI Election 2018</p>

12.30 pm – 1.30 pm	Presentation of Branch Reports	State Branch Presidents / Secretaries
1.30 pm – 2.30 pm	Lunch Break	
2.30 pm – 5.30 pm	Presentation of Branch Reports (Continued)	State Branch Presidents / Secretaries
	Report of Hony. Treasurer, TNAI	Dr CN Bhargavi, Hony. Treasurer, TNAI
	Presentation of Report by Secretary-General, TNAI	Mrs Evelyn P Kannan, Secretary-General, TNAI
	Report of CIN/ECH & CEP	Mrs Sanghamitra Sawant, Asst. Secretary-General, TNAI
	Report of Membership Section	Mr Ajinas AM, Asst. Secretary-General, TNAI
	Report of SNA and Publication Section, TNAI	Mrs S Vatchala Dhinakaran, Asst. Secretary-General, TNAI
3.30 pm – 5.00 pm	Evaluation of Scientific Posters (Simultaneously)	By Judges
5.30 pm – 6.00 pm	Declaring Result of the TNAI Election 2018	Mrs OK Kathuria Returning Officer, TNAI Elections
Conference Programme: (14 - 15 December, 2018)		
Day 4: 14 Dec, 2018 (Friday) (11.00 am – 1.00 pm)	INAUGURAL SESSION	Venue: Dr. Shyama Prasad Mukherjee Stadium, Dona Paula, Goa
11.00 am – 11.05 am	Invocation	Host Branch
11.05 am – 11.10 am	Welcome speech	Mrs Kuntal Kerkar, President, TNAI Goa State Branch
11.10 am – 11.15 am	Lighting of the Lamp	Chief Guests and Dignitaries
11.15 am – 11.20 am	Introduction to TNAI and Conference	Mrs Evelyn P Kannan, Secretary-General, TNAI
11.20 am – 11.25 am	Reading of Messages	Chairperson, Souvenir Committee
11.25 am – 11.35 am	Unfolding of Conference Theme	Yet to be confirmed
11.35 am – 11.45 am	Presidential Address	Mrs Anita Deodhar, President, TNAI
11.45 am – 11.50 am	Release of Souvenir	Guest of Honour
11.50 am – 12.05pm	Inaugural Address	Chief Guest

12.05 pm – 12.20 pm	Felicitation to dignitaries Honouring EC / Council Members who have completed 16 years. Honouring members for Life Time Achievement Awards	Host Branch Chief Guest Chief Guest
12.20 pm – 1.30 pm	Vote of Thanks	Mrs Rubina Fernandes, Secretary, Goa State Branch
1.30 pm – 2.30 pm	Lunch Break	
2.30 pm – 3.45 pm	PLENARY SESSION - I Sub-Theme I: Nurse Practitioner: A Revolution for Global Nursing Moderator (3 minutes) Keynote Address (10 minutes) Scientific Paper presentation	Dr K Reddemma, Nodal Officer National Consortium for PhD in Nursing
3.45 pm – 4.45 pm	PLENARY SESSION - II Sub-Theme II: Global standards for Nursing Education Moderator (3 minutes) Keynote Address (10 minutes) Scientific Paper Presentation Open Discussion (10 minutes for both)	Dr Anice George, Dean, MCON Manipal
4.45 pm – 5.30 pm	PLENARY SESSION - III Sub-theme III: Developing Leadership for Global Nursing Moderator (3 minutes) Keynote Address (10 minutes) Scientific Paper Presentation Open Discussion (10 minutes for both) Advances in Baby Skin Care	Dr. Wilson Nicolau Fernandes, Assistant Professor & Head, Department of Mental Health Nursing, INE, Goa Yet to be confirmed
5.30 pm – 6.00 pm	Recommendations and Resolutions (adopted during the TNAI Council / HOD meeting)	Secretary-General, TNAI

6.00 pm – 7.30 pm	Cultural Programme	Chairperson, Entertainment Committee / Host Branch
7.30 pm	Dinner	
Day 5: December 15, 2018 (Saturday) 9.00 am – 1.30 pm	PLENARY SESSION - IV Concurrent Sessions - Scientific Papers presentation on various specialties (simultaneously)	By presenters
1.30 pm – 2.30 pm	Lunch	
2.30 pm – 5.00 pm	VALEDICTORY FUNCTION	
	Welcome	Chairperson, Programme Committee
	Conference Resume	Chairperson, Minutes Committee
	Valedictory Remarks	Mrs Anita A Deodhar, President, TNAI
	Valedictory Address	Chief Guest
	Distribution of Prizes / Awards	Chief Guest
	Handing over Presidential Chain to the Newly Elected President, TNAI	Mrs Anita A Deodhar, President, TNAI
	Welcoming Newly elected TNAI Office Bearers and felicitating Out going Office Bearers	(Mrs.) Evelyn P. Kannan, Secretary-General, TNAI
	Vote of thanks	
6.00 pm	Post Conference meeting	
Day 6: 16 December, 2018 (Sunday)	Sight seeing	Chairperson, Sightseeing Committee

CALL FOR NEWS ITEMS FROM NURSING INSTITUTIONS

Schools and Colleges of Nursing are welcome to submit for publication in monthly *TNAI Bulletin*, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000 per item including one photograph. The payment should be through a demand draft in favour of **The Trained Nurses' Association of India** (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

Nomination Sheet: TNAI Rajasthan State Branch Election 2018

Post	Name and Address of the Nominee
President	
Vice President	
Secretary	
Treasurer	
SNA Advisor	
Chairperson – Programme Committee	
Chairperson – Membership Committee	
Chairperson – Public Health Nursing Section	
Chairperson – Nursing Service Section	
Chairperson – Nursing Education and Research Committee	
Chairperson – Socio Economic Welfare Committee	
Representative ANM/LHV	

Nominator's Signature _____

Nominator's TNAI No. _____

Nominator's Name and Address _____

[As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **18 December 2018** (6 weeks from the date of Publication)
2. The election of all the office of the Branch shall be held at the annual or biennial meeting of the Branch.
3. Returning Officer and Election Committee Members are not eligible to contest for election.
4. Both the nominator as well as nominee shall be a life member of TNAI.
5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organisations and vice versa. For acquiring the new post the members will have to relinquish the former post.
6. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
7. The nominator and Nominee should be working and residing in the same state or

- Union Territory shall be eligible for contesting election and casting the vote.
8. The members who are residing outside the country and state shall not be eligible for contesting election.
 9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
 10. Outgoing office bearers shall be eligible for re-election for one more term.
 11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
 12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
 13. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
 14. Please mark the envelope “**Nomination sheet – TNAI Rajasthan State Branch Election 2018**”.
 15. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **Dr SC Sharma, Returning Officer, TNAI Rajasthan State Branch Elections, Director, Shri Krishna Institute of Medical & Health Sciences & Research, 589 Sumer Nagar, Near IIS School, New Sanganer Road, Mansarovar, Jaipur-303903 Rajasthan.**
-

Election Result: Madhya Pradesh State Branch 2018

The Election of MP TNAI was held on 29/09/2018 at Pragyan College of Nursing, Bhopal during General Body meeting from 10.00am to 03:00pm. The following office bearers were declared elected :

President : Prof (Mrs) Jaya Bijoy, Pragyan College of Nursing, Near RGPV, Bypass Road, Bhopal, MP, TNAI No.177497; **Vice President** : Dr Maya E Patliya, Dean Nursing, Malwa University, Index City, Nemawar Road, NH-59A, Indore-452016, MP, TNAI No. 156001, **Joint Secretary**: Mrs Maya Satish, Rt. Principal School of Nursing, NSB Medical College, 1164, Chaman Apartment, Wright Town, Home Science College Road, Jabalpur, MP TNAI No.43126, **Treasurer**: Mr Prince Mathew, Associate Professor, Pragyan College of Nursing, Near RGPV, Bypass Road, Bhopal, MP TNAI No.169713, **Chairperson Nursing Service Section**: Mrs Ramrati Yadav, Nursing Superintendent, Hamidia Hospital, Bhopal, MP, TNAI No. 233150, **Chairperson Public Health Sector** : Mrs Shefali Latesh, Assistant Professor, Pragyan College of Nursing, Near RGPV, Bypass Road, Bhopal, MP TNAI No.198738, **Chairperson Nursing Research Committee**: Dr Usha Ukande, Principal, Choithram College of Nursing, Manikbag Road, Indore, MP TNAI No.14571, **Chairperson Nursing Education Committee**: Prof Vineetha Suresh, Jabalpur Institute of Nursing Science & Research, Hitkarini Sabha Parisar, Near Victoria Hospital, Jonesganj, Jabalpur, Madhya Pradesh 482001 TNAI No.108874, **Chairperson Membership Committee**: Mr Anurag Singh, Staff Nurse, Hamidia Hospital, Bhopal, MP TNAI No. 249150, **Chairperson Economic Welfare Committee**: Prof Rama Taneja, Khusha Bhau Thakre College of Nursing, Thuakheda, Near Inayatpur, Kolar Road, Bhopal, Madhya Pradesh 462041 TNAI No. 20960, **Representative LHV/ANMs**: Mrs Shashi Bajpai, Nursing Incharge, District Hospital, Narsinghpur, MP, TNAI No.40182.

मोटापा: 21वीं सदी की महामारी

एक जमाना था जब भुखमरी यानी खाना नहीं मिलने से लोगों की जान चली जाती थी। अब हालात उलट हैं। ज्यादा खाने से मरने वालों की संख्या भुखमरी से मरने वालों से कहीं ज्यादा है। विश्व में 5 फीसद व्यक्ति मोटापे से ग्रस्त हैं। अपने देश में भी मोटापे से ग्रस्त इसी अनुपात में हैं। हालात यों हैं कि पहले तो अनाप-शनाप मुंह में डालते रहेंगे और जब मोटापा आ जाएगा तो फिटनेस केंद्रों के जाल में फंसेंगे। ये फिटनेस केंद्र लोगों – खासकर नवयुवतियों की स्लिम-ट्रिम दिखने की चाहत का जम कर फायदा उठाने में माहिर हैं।

शरीर में अतिरिक्त न चढ़े और हम चुस्त-दुरस्त रहें इसकी सीधी युक्ति है कि जहां तक हो सके, सभी खाद्यों का सेवन कुदरती रूप से किया जाए यानी प्रोसेसिंग न्यूनतम हो। पैकेज्ड खाद्य पदार्थों में अमूनन तेल-घी ज्यादा होता है जो दिल की बीमारियों, स्ट्रोक, ओस्टो अर्थराइटिस, डायबिटीज़ जैसी बीमारियों के लिए जिम्मेदार है। इसके अतिरिक्त नियमित व्यायाम करने से मोटापा नहीं आता।

NOTICE TO ADVERTISERS

All advertisements published in TNAI Bulletin or Nursing Journal of India shall attract the provisions of GST. All advertisers including nursing institutions may kindly note that the current GST rate of 5% shall be compulsorily applicable on all transactions. The advertisers are requested to kindly furnish their GST number at the time of placing the order for publication of advertisement.

Lodging at TNAI Headquarters Made Easier

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-

SNA Members: Rs. 250/-

Non-Members: Rs. 900/-

Children below 5 yrs: No charges

Children 6-12 yrs: Rs. 150/-

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India

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