THE TRAINED NURSES' ASSOCIATION OF INDIA

VOL. 6 No. 2

**FEBRUARY 2017** 

## **Empowering Nurses, for Better Patient Outcomes**

Notice that how the power can help another one who has little or no power! It is by being empowered that nurses can perform their role more effectively. At the same time, powerless nurses find it difficult to put in their best in discharge of their performance and do not show excellent results. Consequently they themselves do not derive as much satisfaction as others from the job at hand, so do the patients they are required to take care of. They are also likely to undergo monotony or burn outs more frequently. Lack of nursing power may also contribute to poorer patient outcomes, as Manojlovich & DeCicco said.

As in other aspects of life, advances in technology shall render many of the traditional nursing ways and practices redundant. If we have to keep going and grow, there is no option but to embrace the new technology and knowhow. Further, this learning spirit has to be maintained. Else we shall have little or no role, like the body parts not being used can become dysfunctional over years.

In broad terms, power is "the ability to get things done, to mobilise resources, to get and use whatever it is that a person needs for the goals he or she is attempting to meet". Nurses can be said to stay powerful by gaining control over the content of practice and demonstrating their competence. Of course, it presupposes that nurses have mindset to adopt the best practices in their daily job. Dealing with daily stresses shall not be an issue with such mindset. A natural corollary is, of course a better nursing career. No mission can be achieved in isolation. For the desired objective to be achieved, one has also feel comfortable in networking and seeking support from outside sources. Empowerment of nurses also necessitates that they remain united for their cause.

I repeat what we have been emphasising in these pages, a bright future awaits the aspiring nurses who have pride in Nursing profession, confident of their academic base and imbued with 'to

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30 Bodhi Health Education, Gurgaon, Haryana

do' spirit.

Let me also inform you about the next SNA Biennial Conference on the theme, Empowering Nurses through Advanced Technology shall be hosted by TNAI Andhra Pradesh. Please also note that Government of India has issued notification inviting nominations for the National Florence Nightingale Nurses Awards 2017, with 31 March 2017 as last date for receipt of entries (details are given at pages 18-22 in this issue as well as in Jan-Feb 2017 issue, pages 3-7 of The Nursing Journal of India).

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(Evelyn P Kannan) Chief Editor & Secretary General, TNAI

## **EVENTS OF THE MONTH**

#### World Cancer Day: 4 February

World Cancer Day (WCD) on 4 February is the initiative of Union for International Cancer Control (UICC) to raise awareness of cancer and to encourage its prevention, detection and treatment. Presently around 8.2 million people die from cancer worldwide every year; out of these some 4 million people mostly aged 30 to 69 years, die prematurely. World Cancer Day, a truly global event, an opportunity to spread the word and raise the profile of this desease in mind of people and in the media. It is a Day to unite the world's population in the fight against cancer.

Cancer is the uncontrolled growth and spread of cells. WHO holds that a significant proportion of cancers can be cured, by surgery, radiotherapy or chemotherapy, especially if they are detected early. The growth of cancer often invades surrounding tissues and can metastasise to distant sites. However, many cancers can be prevented by avoiding exposure to common risk factors, such as tobacco smoke.

The tagline of World Cancer Day 2016-2018 i.e. 'We can. I can' suggests that as a collective or as individuals – can do their part to reduce the global burden of cancer. Just as cancer can affect everyone in different ways, all people have the power to take various actions to reduce the impact that cancer has on individuals, families and communities. Collectively we can inspire action, take action, prevent cancer, create healthy schools, workplaces and cities, support others to return to work, challenge perceptions, improve access to cancer care, shape policy change, etc. At individual level, one can make healthy lifestyle choices, understand that early detection saves lives, ask for support, return to work, take control of cancer journey, and so on.

#### World Encephalitis Day: 22 February

World Encephalitis Day on 22 February every year was established in 2014 by the Encephalitis Society (founded in 1994) to increase global awareness towards people who have been affected by encephalitis. The Encephalitis Society has a vision to have a world where encephalitis is as rare as possible, and that those affected and their families are enabled to seek early diagnosis, and proper management of their condition.

Encephalitis is inflammation of the brain marked by high fever, headache, vomiting, confusion and, in severe cases, seizures, paralysis and coma. The disease can result in brain damage. Children and elderly people are particularly susceptible to severe encephalitis. It is fatal in up to 60 percent of cases.

It can be caused by infections of various descriptions: such as the cold sore virus; it can also develop due to body's own immune system attacking the brain. The condition can affect anyone irrespective of age, gender, ethnic origin or geographic location. Survival rate is low and the survivors suffer from brain injury to varying levels of disability.

TNAI BULLETIN Monthly Newsletter of The Trained Nurses' Association of India L-17, Florence Nightingale Lane, Green Park, New Delhi - 110016 Ph : 26566665, 26966873, Telefax : 011-26858304	EDITORIAL ADVISORY BOARD Mrs Anita A Deodhar, Ms Surekha Sama, Dr (Mrs) Sushma Saini, Mrs Sikha Maity, Mrs Evelyn P Kannan Consulting Editor: HK Barthwal
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Published, printed and edited by Mrs Evelyn P Kannan for The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016 and printed by her at Chandu Press, 63 FIE, Patparganj Industrial Estate, Delhi-110092.

## Provisional Ballot Paper - TNAI Mizoram State Branch Election - 2017

Office	Name and Address of the Contestant	Voter's X
President	1. Mrs Lalremmawii, TNAI No. 42378, Nursing Superintendent, Civil Hospital Aizawl- 796001.	
	2. Mrs C Lalrintluangi, TNAI No. 30107, Principal, School of Nursing, Synod Hospital, Durtlang-796025.	
	3. Mrs Lalchhanhimi, TNAI No. 60853, Principal, Mizoram College of Nursing, Falkawn, Mizoram	
Vice-President	1. Ms Lalfamkimi, TNAI No. 53922, Principal, College of Nursing, RIPANS Post Box-131, Aizawl-796017	
	2. Ms Kapzawni, TNAI No. 28927, Senior Lecturer, Mizoram College of Nursing, Falkawn, Mizoram	
	3. Mrs Zarzokimi, TNAI No. 236128, NS Retd., Chanmari, Aizawl-796001	
Secretary	1. Ms Lalrinhlui, TNAI No. 81809, Asst. Professor, College of Nursing, RIPANS Post Box-131, Aizawl-796017.	
	2. Mrs Lalthari Ralte, TNAI No. 4052, PNO Retd., Zotlang -796009, Aizawl	
	3. Ms Thandingliani, TNAI No. 16815, Dy. Director (N), Directorate of Health Services, Aizawl-796001.	
Joint Secretary	1. Mrs T Rozami, TNAI No. 72908, Principal, Nursing School, Lunglei-796701, Mizoram	
	2. Ms Lalfakawmi Fanai, TNAI No. 224376, Tutor, Health Worker Training Institute, Kulikawn, Aizawl, Mizoram	
	3. Mrs Vanlalfeli, TNAI No. 41880, Nursing Superintendent, Kulikawn Hospital, Aizawl- 796001.	
Treasurer	1. Mrs Mary Ramte Pachuau, TNAI No. 105776, Nursing Superintendent, Civil Hospital Aizawl-796001.	
	2. Mrs Laldinpuii Sailo, TNAI No.117501, Tutor, College of Nursing, RIPANS Post Box-131, Aizawl-796017.	
	3. Mrs F Laltlangmawii, TNAI No. 80808, Asst. Director (N), Directorate of Health Services, Aizawl-796001.	
Financial Secretary	1. Mrs Laldinsangi, TNAI No. 224374, Tutor, Health Worker Training Institute, Kulikawn, Aizawl, Mizoram	
	2. Ms V Lalhmangaihi, TNAI No. 37078, Staff Nurse, Civil Hospital, Aizawl- 796001.	
	3. K Lawmchhungi, TNAI No: 270007, Ward Superintendent, Civil Hospital, Aizawl- 796001.	

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Office	Name and Address of the Contestant	Voter's X
SNA Advisor	1. Mrs Mary Lalhlimpuii, TNAI No. 81808, Asst. Professor, College of Nursing, RIPANS Post Box-131, Aizawl-796017.	
	2. Ms Laldingliani Sailo, TNAI No.153953, Tutor, Mizoram College of Nursing, Falkawn, Mizoram	
	3. Ms R Lalmuanpuii, TNAI No.139539, Tutor, School of Nursing, Synod Hospital, Durtlang-796025.	
Chairperson (Nursing Education and Research)	1. Mrs Lalthlengliani, TNAI No. 79158, Principal, School of Nursing, Christian Hospital, Serkawn, Mizoram.	
	2. Ms Lalrawnliani, TNAI No. 34643, Tutor, School of Nursing, Synod Hospital, Durtlang-796025	
	3. Mrs Lalduhsaki, TNAI No. 156582, Senior Lecturer, Mizoram College of Nursing, Falkawn, Mizoram	
Chairperson (Nursing Service Section)	1. Mrs Lalbiaksangi, TNAI No. 6806, Joint Director (N), Directorate of Health Services, Aizawl 796001.	
	2. Mrs Laldingpuii, TNAI No. 16804, Ward Superintendent, Civil Hospital, Aizawl- 796001.	
	3. Mrs K Rothansiami, TNAI No.139554, Ward Superintendent, Civil Hospital, Aizawl-796001	
Chairperson (Public Health Section)	1. Mrs Rosailovi, TNAI No. 33498, Assistant Nursing Superintendent, Synod , Hospital, Durtlang-796025	
	2. Mrs Hmingthanmawii Pachuau, TNAI No. 40844, Vice Principal, School of Nurs- ing, Christian Hospital, Serkawn, Mizoram	
	3. Ms K Lalramdinpuii (Khawlhring L), TNAI No. 156625, Sr Tutor Apollo School of Nursing, Aizawl.	
Chairperson Economic Welfare	1. Mrs Rosangzuali, TNAI No. 52740, Asst. Director (N), Directorate of Health Services, Aizawl-796001	
	2. Mrs Lalchhingpuii, TNAI No. 70503, Ward Superintendent, State Referral Hospi- tal, Falkawn, Mizoram	
	3. Ms Lalnimawii, TNAI No. 72613, Asst. Nursing Superintendent, Greenwood Hos- pital, Aizawl-796001.	
Chairperson Membership Committee	1. Ms F Biakzauvi, TNAI No. 84717, Tutor, School of Nursing, Synod Hospital, Durtlang-796025.	
	2. Mrs Lalruatkimi Renthlei, TNAI No. 133545, Nursing Superintendent, Greenwood Hospital, Aizawl-796001.	
	3. Mrs R Lawmsangi, TNAI No. 104563, Ward Superintendent, MSCI, Aizawl- 796001.	

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Office	Name and Address of the Contestant	Voter's X
Chairperson Programme Committee		
	2. C Lalbiakengi, TNAI No. 74117, Staff Nurse, State Referral Hospital, Falkawn, Mizoram	
	3. Ms C Thankhumi, TNAI No. 36805, Vice Principal, School of Nursing, Synod Hospital, Durtlang-796025.	

Ms. C Lalramdini, Returning Officer TNAI Mizoram State Branch

#### Instructions

As per the TNAI Constitution, Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012, it is expected that the Voters/Members are well versed with the TNAI Rules and Regulations and Byelaws related to the State Branch Elections. A copy of the same is available with the Returning Officer for ready reference.

- 1. For the offices of President and Secretary all valid nominations are included, for other offices, the names of three members having the highest number of nominations are included in the provisional ballot paper.
- 2. The Election will be held in General Body Meeting of the Mizoram State Branch of TNAI on 2 March 2017, between 10 am to 3 pm at Synod Conference Centre, Aizawl, Mizoram.
- 3. No one shall be allowed to vote before or after the scheduled time of voting.
- 4. The Provisional Ballot Paper is published for the information of the members. A separate (final) Ballot Paper will be given to the voter(s) on the day of Elections.
- 5. Only the Life members of TNAI are eligible to vote whose names will be on Mizoram State Branch Membership list.
- 6. All the Voters are requested to bring their TNAI Life membership card /receipts of TNAI membership issued by the TNAI Headquarters, along with Photo identity i.e. Election card /PAN Card/Driving License etc before entering the hall for voting.
- 7. The Returning Officer can be approached for any query about the election. No addition of the contestant will be made to the final ballot paper.
- 8. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer latest by 1 February 2017 in writing at the following address: C.Lalramdini, Returning Officer, Mizoram State Branch, Asst Professor, College of Nursing, RIPANS, Post Box-131, Aizawl-796017, Mizoram.
- 9. Please Mark the envelope "Provisional Ballot Paper-"TNAI Mizoram State Branch Election-2017".
- 10. Please note that:
  - a. No canvassing shall be permitted on the day of election.
  - b. No person other than the voter (s) shall be permitted with in the area of the polling booth.

Those who are not having TNAI New Membership cards are requested to get the new membership card from TNAI Headquartes. The Membership Card Application Form for getting the new cards is attached.

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## **TNAI New Life Membership Card**

Members who are already enrolled with TNAI and would like to have new Computerized photo-ID Membership Card, are requested to fill in the new Application Form along with a payment of Rs.150/- through Demand Draft, drawn in favour of "The Trained Nurses Association of India, New Delhi" and send it to TNAI Headquarters. Application Form can be downloaded from TNAI Website: www.tnaionline.org or write to us. Else, they may send their request in the following format.

	0.000 0000000 000	iation	Nurses' of India P CARD
		oto	
TNA Enrolment	Date :	XX XX Xxxxxx	XXXXX
Secretary G	General	Memb	er's Signature

#### Application form for New Computerized Membership Card

The Trained Nurses' Association of India Incorporating Student Nurses' Association, The Health Visitors' League and Midwives & Auxiliary Nurse – Midwives Association L - 17, Florence Nightingale Lane, Green Park, New Delhi – 110 016. Tel: 91-11-2606065, 25960873, 26534765, Telefax: 91-11-26858304 Email: membership@tnaionline.org, tnai_2003@yahoo.com, Website: www.tnaionline.org APPLICATION FOR NEW MEMBERSHIP CARD	NO SIGNATURE Applicant's Passport size Photograph
Write with <b>ball pen (black)</b> in CAPITAL LETTERS only with one letter in one box. Each word should be separated by one blank box. for Applicant should sign in full, clearly within the boxes provided. Incomplete form will be rejected. Applicant's full Signature	Only
TNAI Membership No	
NAME:	
Address :	

Date	of	Birth

Ph.....

Please do-not sign on the photograph.

Email:.....

### **Attention Advertisers !**

Advertisers of the Admission Notices in *TNAI Bulletin* for the academic year 2016-2017 for Schools/ Colleges of Nursing are required to submit the copy of Indian Nursing Council (INC) recognition certificate along with the advertisement matter and payment, otherwise the advertisement shall be summarily rejected.

- Chief Editor

#### APPLICATION FORM NATIONAL FLORENCE NIGHTINGALE NURSES AWARDS 2017

**Instructions:** Kindly fill in the application in English & Hindi only and attested copies of certificates as per indications. The Filled in applications to be submitted to the Secretary (Health) of the concern state, not directly to Ministry of Health and Family Welfare New Delhi. The incomplete applications and not forwarded through proper channel will be summarily rejected.

1.	Name (In Block letters):		
2.	Age with date of birth (In Christian era)		
3.	Father's/Husband's Name:		
4.	Complete Present Address for Communication with pin code.		
	Telephone Number (Residence) Mobile Number E-Mail address, if any	 I	
5.	Complete Permanent Address with Pin Code Telephone Number (Residence)		
6.	Name & Complete Address of Hospital/Institution where working Telephone Number (Office) E-Mail Address if any		

7. Academic Qualifications (Attach attested Copies of certificates)

S.No	From	То	Qualification	Institution

8. Professional qualification (Attach attested Copies of certificates)

S.No	From	То	Qualification	Institution

9. Area of work

Area of work	From	To	Total years
Urban			
Semi urban			
Rural			
Tribal/Hilly area			
Any Other Special Area			

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10. Particulars of license (Include Parent Nursing Council Registration and Subsequent reciprocal registrations if any)

Name of the Nursing Council	RN No	RM No	Date of Registration

11. Details of experience in nursing services. (Attach attested Copies of certificates)

F	From	То	Position held	Institution	Key responsibilities
F					
13. W If 14. P	Vhether r so, the ost held	date of rei at the tim			
(/ :	Attach, a State Le Nationa	ttested, c əvəl	opies of certificat	isations/NGO/statutory & accrediting bodie es) 	
•	State Le Nationa	evel		attested Copies of certificates)	
17. R	esume o	of the App	licant as per Ann	exure III: Enclosed / Not enclose	bd
	Place	e and date	Э		Signature of the applicant
Recon	nmende	d by - Nu	rsing Superinten	dent /Principal/District Medical Officer/ Dist	rict Public Health Nursing Officer etc.
	Place	e and date	e seal		Signature
Forwa	rded by	- Secreta	ary Health & Fam	ily Welfare Department of the State	
	lidates a				Signature e ministry through the concern Director/Head of the
			Compositio	on of the Central Institutions Selection	on Committee Members
1. 2. 3. 4.	Nurs	itional Dir sing Supe	erintendent	irector/Medical Superintendent/Dean ent/Principal College of Nursing	

5. Administrative Officer

#### MERITORIOUS AWARDS INSTRUCTIONS FOR PREPARING A RESUME of A NOMINEE

- 1. The narration should give the time, the place, the circumstances, the deed and the recognition of the event which qualifies the individual for nomination. Newspaper articles, journal articles, letters of appreciation of other documentation which strengthen candidate's application could be sent.
- 2. The committee is looking for outstanding performance or that performance which is beyond the normal expectations held for every satisfactory employee. Normally one expects every employee to report on time for duty, to report when assigned for duty, to be clean, neat, courteous and loyal to the employer. Normally one expects employees to be prepare for the position they hold and be responsible for their own continuing education through self-study or participation in service or formal through self-study or participation in service or formal continuing education programme. It's expected that the nurse will work as a member of the team to improve nursing care and nursing education.
- 3. Past education and experience of the individual may be documented but that in itself will not contribute to the selection of the nominee. The Committee is looking for outstanding performance which occurs as the result or in spite of education and experience.
- 4. Mere listing of distinctions received in educational programme is not to be encouraged as many of the outstanding deeds in history have been performed by persons who were not outstanding academically.
- 5. Avoid use of sweeping statements and the use of subjective adjectives such as a devoted, enthusiastic, living example, good service record, very good work selfless worker; honest, efficient and meritorious record etc. The facts only should be brought out.
- 6. The resume should not be more than two pages.

Annexure - IV

#### COMPOSITION OF THE STATE/CENTRAL SELECTION COMMITTEE FOR NATIONAL FLORENCE NIGHTINGALE NURSES AWARDS - 2017

The application of the candidates for the National Awards of the State/Union Territory level will be called by the Chief Nurse in the Office of Directorate Health Services i.e. Assistant Director Nursing/Deputy Director Nursing. The State/Union Territory Selection Committee who will screen the applications and recommend the candidates to the Central Selection Committee for the National Florence Nightingale Nurses Award. The State level Selection Committee will comprise of:

-

1. Secre	tary, Health & F.W

- 2. Director of Health Services/
- 3. Registrar/Representative
- 4. President/ Secretary
- 5. Chief Nurse in the Office of D.H.S.
- Chief Nurse in the Office of D.H.S. (ADHS Nursing / Deputy Director Nursing)

Chairman

- Member Director of Medical Education
- Member State Nursing Council
- Member T.N.A.I. (State Branch!
  - Member Secretary

#### **CENTRAL SELECTION COMMITTEE**

The Central Selection Committee which will examine the applications the candidates recommended by the Stare Government/Union territories will be comprised of :

1.	Secretary/Addl. Secretary (Health & FW)	-	Chairman
2.	Director General of Health Services	-	Member
3.	President, Trained Nurses Association of India	-	Member
4.	President, Indian Nursing Council	-	Member
5.	Joint Secretary, Ministry of Health &		
	Family Welfare (dealing with the subject]	-	Member
6.	Deputy Director General (MI/Director (N)	-	Member
7.	Principal, RAK College of Nursing	-	Member
8.	Nursing Adviser, Ministry of Health & FW	-	Member Secretary

#### ATTENTION MEMBERS ! National Florence Nightingale Nurses Awards – 2017

We are happy to inform you that Hon'ble President of India will confer National Florence Nightingale Awards to the nurses who have rendered meritorious services in the country. This award ceremony will be held on 12 May 2017. The criteria for selection for the National Florence Nightingale Nurses Award, Application Form, Instructions for preparing a resume of a Nominee, and composition of the State / Central Selection Committee for National Florence Nightingale Nurses Awards 2017 are outlined in Annexures I to IV.

We have also posted this information on the TNAI website. Please follow with the Health Secretary of your state as the same information has been sent to all the State Health Secretaries by Central Joint Secretary, Ministry of Health and Family Welfare, Govt of India, Nirman Bhawan, New Delhi. The last date for receiving the nominations is **31 March 2017**.

ANNEXURE-I

### CRITERIA FOR SELECTION FOR THE NATIONAL FLORENCE NIGHTINGALE NURSES AWARD

- 1. The nominations should be called from State Government, Central Government, Private institutions/Missionaries and Prominent Voluntary organisations of the concerned state.
- 2. All nominations should be handled by the Secretary of Health and Family Welfare of the concerned State.
- 3. The applications of the recommended Awardees must invariably be sent after making selection by the State Selection Committee headed by Secretary, Health and Family Welfare.
- (a) No nomination in any case should be sent without considering and recommendation of the State Selection Committee. If the nomination is received without the recommendation that will not be considered by the Central Selection Committee.

(b) Experience: Minimum 10 years of experience in any one of the avenue, in case of, extraordinary performance age may not be a constraint.

5. The nurse selected for a national meritorious award should furnish documents to the satisfaction of the selection committee that she/he has performed beyond the normal expectation of the job when compared to others with equivalent attributes according to one or more of the following criteria. The instructions for preparing resume of the nominee are at Annexure - III and should be strictly followed.

#### Nursing Service, Hospital and Community

6(i) The nurse in her/his regular job in the hospital or community contributes to improve patient/family community care by exceeding the limitations of the job functions as demonstrated by:

a. Development or organization of a unit of responsibility which provides extraordinary care to patients by increasing own skills and knowledge, developing staff, procuring supplies and equipment, streamlining techniques and maintaining esprit de corps sufficient to bring recognition to the employing organization in the medical community.

b. Development of a community or section of a community in the betterment of their collective health status through increasing own skills and knowledge, developing staff, procuring supplies and resources, and maintaining esprit de corps sufficient to bring recognition to the employing organization in the medical community.

- 6(ii) The nurse who has a regular job but in times of emergency of crisis such as accident, fire, flood or famine, which may occur at any time, performs in a heroic manner without, regard to her/his own time, safety and/or possessions as demonstrated by:
  - a) Rescuing a person(s) under hazardous conditions.
  - b) Performing life saving techniques with a successful outcome.

c) Prevention of a catastrophe by initiative taken or leadership assumed without official sanction (firefighting, evacuation, mob control)

d) Remaining at post over an extended period of time which aids in the recovery of a group community following a disaster such as organizing communication, nutriuun first aid, evacuation or other activities which become necessary in emergencies.

6(iii) The nurse who has regular job in the Hospital/Community is:

Computerisation and layouts of TNAI Bulletin: anupamkamal@hotmail.com

a. Associated/contributed extra ordinary with activities or programmes such as Leprosy Control, Tuberculosis, HIV Aids, Cancer care, Palliative care, Mental Health, other communicable and non-communicable illness, Psychiatric Mental Health, old age management, Special children (Mental Retardation physically challenged; under privileged) and Contribution in National Health Programme.

b. Working in difficult areas like Tribal and other interior remote area

c. Contributions as members in professional organisations/statutory bodies/accrediting agencies etc.

#### Nursing Education

7. The nurse in her/his regular job in an educational setting contributes to the quality or quantity of education excess of the job expectations as demonstrated by:

a. Development or initiation of an innovative curriculum programme of study or teaching materials that brings recognition to the organization which pays her/his salary.

b. Preparation of textbook, teaching manual or educational film that is accepted and used beyond her/his educational setting and brings recognition to the organization which pays her/his salary.

c. Contributing in the research activities/articles/ workshops/conferences/publications towards the standard of education.

d. contributions as member in professional organizations/statutory bodies/accrediting agencies etc...

#### **Nursing Administration**

8. Nurse in her/his job in an administrative setting in terms of hospitals/ community/ educational institutions/ any other agencies/heading any nursing sector.

Extraordinary:

(a) Contribution towards standard of patient care in the hospital

OR

(b) Improvement made in the status and welfare of the community.

#### OR

(c) Performance in excelling the educational standard in the teaching institution.

OR

- (d) Innovative changes made in the administrative set up.
- (e) Implemented innovative methods of patient care
- (f) Initiation of evidence based techniques in patient care, designing of products for patient care etc.
- (g) Contributions during special circumstances like Natural calamities, disasters and war etc.
- (h) Contributions as members in professional organisations/statutory bodies/accrediting agencies etc.

#### Nurse Researcher

9. Nurse in her/his job in a research setting in terms of hospitals/community/educational institutions/any other agencies/ heading any nursing sector.

Extraordinary:

(i) Contribution towards evidence based patient care in the hospital

OR

(j) Improvement made in the status and welfare of the community.

OR

(k) Performance in excelling the research standards in the institution.

#### OR

- (I) Innovative changes made in the research set up.
- (m) Conducted state /'National/International level research projects
- (n) Promoted research utilization in patient care
- (o) Contributions as member in professional organizations/statutory bodies/ethical committee/accrediting agencies etc.

Dear SNA Members,

New Year Greetings from TNAI Headquarters!

May this year be the year of blessings and prosperity for all of us from the Lord Almighty. May God inspire us to work with dedication, commitment and compassion. Let this year bring personal and professional growth and progress to each and everyone.

The XXVII SNA Biennial Conference 2017 will be held in Andhra Pradesh. The date and venue will be announced later. We request all State branches to plan and work on State Level Competitions and whole-heartedly co-operate with the host branch to make it a grand success. Additional relevant information will appear periodically in the forthcoming issues of the *Nursing Journal of India*, *TNAI Bulletin* and TNAI website (www.tnaionline.org).

The theme of the Conference is: "Empowering Nurses through Advanced Technology".

#### A. Participation of SNA Delegates in SNA National Biennial Conference

**a) Management of SNA:** The governing body of the SNA shall be the Council of TNAI which will receive the recommendations of the General Committee of the SNA Conference for consideration.

The SNA General Committee of SNA shall consist of:

- a) President of TNAI or one of the Vice Presidents if the President wishes to delegate this responsibility
- b) Vice-Presidents of SNA State branches
- c) Hony. Treasurer of TNAI
- d) National SNA Advisor who must be a Life member of TNAI
- e) State branch SNA Advisors
- f) Secretaries of the SNA State branches
- g) Secretary-General, TNAI

The General Committee shall meet once in a year at the time of TNAI Council meeting. One-fifth or 15 members form a quorum.

They shall assist in the enrolment of student nurses to the SNA and the formation of SNA unit in every training centre and help student nurses to realize the importance of becoming Life members of TNAI on completion of their training.

#### SNA General Body

The SNA General body at the national level shall comprise of:

- a) Members of SNA General Committee
- b) Three representatives from each unit viz., SNA Vice President, SNA Secretary and SNA Advisor
- c) All SNA Delegates attending the conference
- d) One ANM student from each State (as an Associate member) since 2007.

**The General Body Meetings:** The General Body meeting of the Association shall be held at the time of the SNA Conference.

The President, TNAI shall preside over the SNA Meetings. SNA office bearers of the host branch shall conduct the SNA meetings along with the President.

Agenda items from the Branches should be sent to National SNA Advisor at least two months before the General Committee meeting.

Resolutions passed at the General committee and General Body meetings shall be forwarded by the National SNA Advisor of the Student Nurses Association to concerned authorities and TNAI Council for consideration. The action taken by the Council and other concerned authorities shall be forwarded by the National SNA Advisor of the Student Nurses Association to the State SNA Vice-Presidents, Secretaries and the State Branch SNA Advisors.

Nominate representatives from your State / Unit SNA, who would be able to take part in discussions and participate in all the meetings, sessions and functions and contribute valuably. The representative cho-

sen by you should be well informed of the Unit activities to present a clear and concise report, and be one who could give a good report to the Branch/Unit on return. The representatives (delegates) should be thoroughly conversant with the SNA Rules & Regulations and Byelaws, etc., to be able to contribute and take part in various issues discussed. The revised SNA Rules & Regulations and Byelaws and SNA Diary will be sent to all the SNA units shortly.

#### **B. SNA Competitions**

- 1. The Scientific Paper Presentation will be based on the theme.
- 2. Debate on " Power conflict and Challenges in Empowerment of Nurses"
- 3. Panel Discussion on "Nurses Role in Effecting Social Reforms"
- 4. Quiz competition on various Nursing subjects including General Knowledge.
- 5. Biennial SNA Diary Evaluation 2017 will be based on (2015 & 2016)
- 6. Poster Presentation (Topics will be announced later)
- 7. On-the-Spot Painting
- 8. Floor Decoration (Rangoli)
- 9. Sports: The events are: 100 Meters Race/ Discus throw and Javelin throw.
- 10. Personality Development Competitions (Mr. SNA and Miss SNA
- 11. Talent Night

#### Note:

- 1. In order to participate in the State level SNA Conference the respective schools and colleges should have a SNA unit and the SNA Subscription fee to be paid regularly at the National level.
- 2. All the participants will be compete at the unit level and state level. The winners at the state level will compete at the National level.
- 3. Criteria for participation in each competition will be published later.
- 4. All the winners list should reach the Headquarters by September 15, 2017.

#### C. Agenda Items

All the State SNA Advisors are requested to send the agenda items to the National SNA Advisor after discussing with the Branch President and Secretary. The agenda items should have only issues of national level. State SNA Advisors who are sending agenda items should be present during the General Committee meeting with adequate information related to the agenda items. Otherwise the agenda will not be discussed at the meeting. The Agenda items from the State SNA Advisors should reach TNAI Headquarters by September 15, 2017.

#### **D. SNA Biennial Reports**

Each Branch is expected to present the State SNA Biennial Report during the Business Session. The Branch report should be presented briefly through power point presentation; every state shall be given 5-minutes to present the report. Soft copy and hard copy of the report to be sent to TNAI Headquarters by **September 15, 2017.** 

**Note:** The branches who send the State SNA Biennial report to the Headquarters are only allowed to present State Branch report during the Conference.

#### State SNA Biennial Best Performance Award

The SNA State performance is also evaluated at the national level for selecting the Best SNA Branch. State SNA Biennial Best Performance Award is given based on the State SNA Biennial Report. In this regard we would be sending a specific proforma, which is to be duly filled and send back to the TNAI Headquarters by September 15, 2017.

#### E. SNA Unit Obtaining Maximum Prizes at the Biennial Conference

This award is given to the SNA Unit, which receives the maximum number of prizes for the various competitions held during the SNA Conference.

a. Group Items

First Prize : 10 Points

Second	l Prize	:	7 Points
Third F	Prize	:	5 Points
<b>b.</b> Individu	ual Items		
First P	rize	:	5 Points
Second	l Prize	:	3 Points

•

Third Prize

The unit receiving the maximum number of points will be considered as a winner.

#### F. Executive / Council decisions Minute No. EC/CL/2016/6

1 Point

- 1. The Student Nurses those who paid the SNA Subscription fees are only eligible to get SNA to TNAI membership fee concession i.e. they required to pay only Rs. 2200/-. For Schools/Colleges not having SNA unit and not paying the SNA Subscription fee, the SNA to TNAI membership fee is Rs. 3600/-.
- 2. In order to participate in the State level SNA Conference the respective schools and colleges should have a SNA unit and the SNA Subscription fee to be paid regularly at the National level.
- 3. To avail SNA/TNAI scholarship the respective schools and colleges of nursing should have active SNA unit.

Please note that SNA units who have not paid subscription (of the current year) remain lapsed. These lapsed SNA Units cannot participate at the National SNA Conference. Therefore, State SNA Advisors, Principals, faculties and SNA Unit Advisors are requested to do the needful at the earliest.

The New SNA to TNAI Membership Plan is applicable from 2016-2017 academic year onwards.

The new membership plan has been accepted by most of the SNA units i.e. a student opting for the new Membership Plan has to pay just a lump sum Rs. 2000/- at the time of admission (inclusive of SNA subscription for 4 years, Scholarship Fund and SNA to TNAI Membership fee) and he/she shall become a full TNAI Member once after their completion of the course.

The ANM students are required to pay Rs. 1000/- at the time of admission inclusive of SNA subscription for 2 years, scholarship fund and SNA to Associate membership of TNAI.

Old membership plan (for 2<sup>nd</sup> year, 3<sup>rd</sup> year, 4<sup>th</sup> year students)

Under the existing rules, at the time of becoming SNA member the student pay Rs. 150/- per year plus Rs. 50/- (towards Scholarship Fund) for 1<sup>st</sup> year, and Rs. 150/- yearly for II, III, and IV years. Again, after completion of the course he /she is required to pay the TNAI Membership fee of Rs. 2200/- to become SNA to TNAI member.

The Institutions are free to choose either of the membership plans.

**The last day for receiving the subscription fee for this academic year (2016 - 2017) is 31 March 2017.** We urge all the units to enrol the students to become a member of SNA.

Best wishes for your efforts in the forthcoming SNA Conference.

Mrs Evelyn P. Kannan Secretary-General, TNAI

## **MERITOROUS**

#### Mrs Mary J Malik

On 2 October 2016, Mrs Mary J Malik, the President of TNAI UP State Branch, was awarded 'Aruna Asaf Ali August Kranti Puraskar' by Gandhi Jayanti Samaroh Trust. The Award was conferred in a function sponsored by Gas Authority of India Ltd. held in Barabanki (UP).



## Invitation for Becoming Peer Reviewer for NJI

Nursing Journal of India (NJI), the bi-monthly research periodical of The Trained Nurses of India (TNAI) is brought out every alternate month i.e. in February, April, June, August, October and December. NJI contains original research articles, case studies, review articles, reports and general articles on Nursing and related issues.

We invite the subject experts in with sufficient experience exposure in any field of Nursing. The eligibility conditions for Peer Reviewer are as under.

- a. Masters degree in any field of Nursing from an INC-recognised University / Institute in India or abroad;
- b. A minimum of ten years of experience in hospital/ reputed nursing home or clinic/ health care setting, or in college-level teaching in a recognized Nursing institution;
- c. The candidate must have got published at least ten articles in indexed/ reputed journals;
- d. The candidate should not be already a Peer Reviewer for more than two Nursing/ Health Journals. Only such candidates, who can submit their observations on the article / other publication mate-

rial, as per TNAI format, within three weeks of receipt of manuscript, are advised to apply.

Interested candidates may submit their CV to the Chief Editor, Nursing Journal of India, The Trained Nurses Association of India, L-17, Green Park, New Delhi - 110016 by post or via email (tnai\_2003@yahoo.com, with subject line: Application for Peer Reviewer).



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